

SEVEN DAYS

20
YEARS

Vermonters
explore new ways
to keep Parkinson's
disease at bay

BY KEN RICARD | PAGE 32

USE IT
OR
LOSE IT



DEAD TIME BLUES

PAGE 24

VT inmates down on Michigan



'PRO-LIFE' KILLING

PAGE 28

Judith Levine on who's to blame



BRADFORD'S GOT GAME

PAGE 44

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- Laura Todd



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From Page 10 continued on Page 11

^a Data collected at Copper Harbor, Maine to North Carolina.

Jeanne Aronson, Jeff Brown, Bruce Chalkoff, Dr. David Feldman, John Goss, Julie Gray, Susan Helms, and Barbara Fox-Winkel, Dan Farrell, Gary Olsen, Mike ...

[illegible]

News days did not feel half-bald to any advertiser. It was that month that the major newspaper editors announced they would accept the advertising purpose for less compensation than they had long used to charge. The advertising men, says partner Theodore Steinmetz, were by the publishers' terms "guaranteed the right to refuse."

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FEEDback

DE ADRIAN BEAUFORT TO HERBERT, 20TH FEB 1941

CONFLICT RESOLUTION

“[A] South Burlington Residents Raise Conflict-of-Interest Concerns – Again,” November 10]. There is a growing concern in South Burlington that we, and our children, will be losing our beloved neighborhood schools in order to benefit corporate development. There is clearly a conflict of interest in the city’s appointment of Art Khego, who is director of business development at DC Constructors, to the South Burlington Planning Commission and is chair of a city task force that recommended closing neighborhood schools in order to build a new, consolidated school and make way

This is a city with a reputation to protect. It is OK for a construction professional to serve on a committee that influences the planning, but it is not OK for that individual to be a strong proponent of a "disadvantaged" firm. The city is not looking for "advantage" from their work for the city. In the article, it was clearly acknowledged that PC Construction would be a potential bidder for both the proposed new elementary school and city center projects; it is unreasonable for the city to expect objective input and leadership in the planning process from a person in Kluge's position.

This is a clear conflict of interest, in my view, and the city council should recognize and correct this mistake so that we can move forward with a planning process that is transparent and community support. Otherwise, the city is supporting a major

TINA WEINSTEIN

expense of our children's education and the community's trust.

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Thank you Gov Peter Shumlin, for supporting Syrias refugees coming to Vermont [Jon M. Housley, "Vermont Will Continue to Welcome Syrian Refugees," November 30] As a resident of the Old North End of Burlington, where many New Americans coming to Vermont are settled, I would welcome people from Syria seeking to escape violence and build better lives for themselves. I am not the only Vermonter raised in the US whose grandparents or great-grandparents came to here to escape persecution. Systems deserve the name as our ancestors read when they came to this country!

Ben Gordenky

A week ago Republican candidate for governor Phil Scott called for a "pause" in accepting Syrian refugees. [DT Message: "Matt Danes Condemns Phil Scott over Syrian Refugee Comments," November 13] Now he says he's satisfied with the process of vetting refugees. [DT Message: "In Reversal, Phil Scott Backs Syrian Refugee Boardman," November 25] "I think it is

REP. WELCH UNDER ATTACK BY ETHANOL INDUSTRY

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RESEARCH DESIGN

WILSON

What changed? He says he's learned more about the process. Oh, I see — essentially saying he didn't know what he was talking about. So this is how he makes decisions? Is this how he would govern Vermont? Declares policy, makes pronouncements, condemns thousands of families, and then takes the time to get the facts. Can he lead the horse? Perhaps he also noticed that Vermonters have reacted deferentially to the refugee crisis, that they have a different apathy. We welcome strangers, offer help and aid to people desperate for a home. Vermonters always have Scott reminds me of that old "Saturday Night Live" character, Roseanne Rosenbloom, who, after a tirade caused by misunderstanding a word, says "Never mind!"

Bill Kuch
@mrskuch10

FRACK ATTACK

Thanks for Terri Hallock's article on Vermont Gov. proposed pipeline to transport fracked gas ("Perseus Pipeline Provisions Are Pushing the Limits" November 16). Although fracking is banned in Vermont, the Shattuck administration appears to have no qualms about importing fracked gas.

The science is still evolving, but we know we need to keep about four-fifths, or 80 percent of all fresh water where they are, in the ground, if we hope to slow down global warming. Building an expensive fossil-fuel infrastructure is a waste of precious resources, especially if we hope to meet our goal to acquire 90 percent of our energy from renewable sources by 2050.

One way to reduce dependence on fossil fuels is to let carbon emissions Vermont leaders, including Governor Chancellor Aagfrd Marlin and World Bank president Jim Yong Kim, have called on all countries to impose a price on carbon as the only way to effectively reduce global emissions. By laying a tax on carbon pollution, we can turn the climate crisis into economic opportunity, providing an engine for new jobs in the sustainable energy market and supporting Vermonters with a rebate to lower their energy bills.

British Columbia has achieved amazing success since enacting a carbon tax and robust policy since 2008; the return on this investment has given BC the lowest personal income tax rate in all of Canada, and its fossil-fuel use has dropped by 16 percent.

In Vermont, a carbon-pollution tax can help protect our environment and support a strong local economy.

K.C. Whitney
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SURVIVAL STRATEGIES

In "Perseus Pipeline Provisions Are Pushing the Limits" (November 16), Terri Hallock missed the mark in pointing a full picture of the ongoing climate justice struggle in Vermont. Why are protesters pushing the limits? Are they just a "ragged band" of young, limbed, squaring, fidgety, character-faced radicals who have holy goals and want to annoy people? What is really at stake when it comes to climate, fracking and capitalism?

The climate justice struggle is a struggle for survival. It is not just about pollution, fracking or carbon-caused global warming. Climate justice is about reestablishing ways of surviving with the Earth's systems that aren't dependent on exploitation and oppression. The rule of capitalism is to make profit through unfettered consumption of resources, the rule of survival is that humanity must cut back on gobbling up the planet and securing each other out. As Naomi Klein writes in *This Changes Everything: Capitalism vs. the Climate*, "Only one of these sets of rules can be changed and it's not the laws of nature."

Using Tide Vermont's work to change the system is part of a long lineage of grassroots struggles whose strategies are responsible for today's hard-won civil rights, workers' rights, reproductive rights, etc. Moten Luther King Jr. described that strategy of civil disobedience as one that "works to disrupt the drive that keeps things longer to dominate." The climate crisis can no longer be ignored, as by the time our by the expansion the same enables. Hallock could've scratched a little deeper.

Erin O'Leary
@PLAINFIELD

CORRECTION

There were several errors in last week's cover story, "It's All Greasy" See Reminders on page 71 for details.

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MUST SEE, MUST DO THIS WEEK
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7

SATURDAY 5
UNDENIABLE DIVA

1 Bettye LaVette released her first single "My Man—He's a Lovin' Man" in 1962 at the age of 18, backing up a career that has spawned half a century and counting. **At An Evening With Bettye LaVette**, the Grammy Award-nominated singer/songwriter serves up blazing soul, blues and R&B selections from the Spruce Park Performing Arts Center stage. **Nov. 4, 8:30pm**

SEE CALENDAR LISTING
ON PAGE 103

③ SATURDAY 5 & SUNDAY 6

Straight Outta Whoville

Herb's usually incoherent ad charming is on end in this weekend. Or Seuss: comically, there he comes back to face withering puns and old ad **Head the Grinch!** Festival. Grinch. Took to all these Phoenix local locations to sleep that with the Phoenix green Grinch himself is long a rarer, rarer local down town — paid Herb! Just say green Grinch.

TABLE 1. *Salmonella* serotypes and phages

4 SATURDAY 5
Photographic Memories

Marned Lee, *Lord of the Wild Order* by the Abenaki Wisconsin boasts a long and rich history. With input from the Wisconsin Historical Society at Fond du Lac and Anishinabe the B. home she used the narrative style past through pictures in their book *Winnipeg (Images of America)*. The past points to the top of the Green City at the Flagstaff Page in St. Louis.

SEE CASE STUDY: LIFTING ON PAGE 60

5 FRIDAY 4 & SATURDAY 5
Life is a Cabaret

Songs can be the best storytellers. Case in point: the Singers Art Center Series album **Sentiments & Substances**. Featuring vocalist Tityn Hoelle, her brother Bill Gadenwiler, and pianist Tom Gray, the show tells the story of a young woman searching for a series of lost love, finding and home through original music and well-known numbers by Joni Mitchell and Andrew Lloyd Webber.

SEE CALENDAR LISTINGS ON PAGE 38

6 ONGOING Natural Wonders

From a pristine field soaked in sunshine to a gritty street clinging to a cliffside, artist Gabriel Tompsett brings to life the elements of the natural world with striking detail. Tompsett employs charcoal, oil and watercolor to re-create scenes captured on his camera in the studio. **‘Our World, Our World, Our World’** exploring art, nature and nature lovers alike.

NOTE: ARTISTS MUST BE AT LEAST 18 YEARS OLD

7 THURSDAY 3
Music and Lyrics

Singer-songwriter **Caitlin Carley** (center) intends to relive the San Francisco Chronicle with her casually deconstructive voice and unshakable poise. "Dancing with husky vocals and notes positioned in vintage recording king Carole King's 1971 album *Bookends*, Carley runs the gamut of American styles — think country rock, blues and folk. Hear the ferment below at ArloBar when she spins a new one. In New Orleans.

SEE INTERVIEW ON PAGE 78

②

MONDAY 7
Grape Escape

Geophiles combine their love for vino with the spirit of giving at **Unmarked for a Cause**, a Prose Center of Vermont Wine Auction. Each participant's bid is a full-bodied beverage for the chance to bid on one, while the proceeds go to benefit the center. Treats like Velvet, Cidering, and hunks by Devon Wicks are round out the revelry.

SEE CALIFORNIA LITIGATIONS PAGE 14

Journal of Management Inquiry 22(1)

www.elsevier.com/locate/bsc

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© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 105–114

Gun Shy

When gunners opened fire last week on Planned Parenthood's fertility in Colorado Springs, he argued one of America's most combustible political issues shatters old myths.

Here in Vermont, some 2,000 miles away, those issues play differently than in much of the country. All four candidates seeking to succeed Gov. **PETER DUMAIS** favor abortion rights — and both the Democratic and Republican gubernatorial fields are divided on gun laws.

While many national Republicans spent the summer urging the federal government and the states to defend Planned Parenthood, Vermont's top GOP officeholder toured Planned Parenthood of Northern New England's Burlington Health Center on St. Paul Street.

"We just sit down and talk it out about what they do, how they help and the essential services they provide," recalls Lt. Gov. **ERIC HOLT**, who is leading the Republican nomination for governor. "I don't think we should be spending our time debating Planned Parenthood. They do really good work for a lot of people in need."

Like all three of his opponents, Scott says he's outraged by the Colorado Springs massacre, which killed three and injured nine. He refers to it as "an act of senseless domestic terrorism committed by someone with severe mental health issues." But Scott says it and other recent mass shootings, from South Carolina to Vermont, have not changed his views about his home state's gun laws, which are frequently described as the most permissive in the nation.

"No, I will support the Second Amendment, and I don't believe we need to change our gun laws in Vermont," the Berlin Republican says. "But I do think that we need to continue to identify and try to help those who have severe mental health issues."

Sharing that view is a Democratic rival, former governor **PHILIP DUMAIS**.

"I think there are a wide variety of problems in our country and there is a violence problem as in our country," the Hartland resident says. "But if you look at some of the specific laws that have been proposed, they wouldn't have actually prevented this particular likely act of terrorism from happening."

For that reason, Dumais says, he opposes extending mandatory criminal background checks to those who purchase firearms at gun shows or through private sales — and he opposes banning automatic weapons or high-capacity ammunition.

"I'm focused on change that will actually address the issues we're confronting today," he says.

To Dumais, that means "standing up for programs like Planned Parenthood" and "pushing back on people who want that kind of action might be OK." Such people were among the more than 100 who commented on a Facebook post he wrote Saturday morning expressing solidarity with Planned Parenthood. Dumais says he was "quite disturbed" that some of the commenters "suggested that these shootings were justified."

Dumais's opposition to new gun laws is in keeping with some promises at Vermont Democratic caucuses, such as Sen. **JOHN FETTER** (D-W), Sen. **KEVIN SANDERS** (D-W) and Congressman **PETER WELCH** (D-W) — not to mention public opinion.

The Catothink Policy Institute has consistently found that Vermonters support closing the so-called gun show loophole. Last February, a poll it conducted for VTDigger.org found that 77 percent of Vermonters and a whopping 80 percent of Democrats favor universal background checks.

THE DEMOCRATIC AND REPUBLICAN GUBERNATORIAL FIELDS ARE DIVIDED ON NEW GUN LAWS.

Dumais's Democratic rival, former transportation secretary **IAN MARSH**, takes a different view.

"I believe we need to address gun violence problems, and we need to do what we can to keep gun out of the hands of dangerous folks," the Waterbury resident says. "And, for me, that includes closing the loophole for background checks."

While Wintor emphasizes that she "respect[s] the Second Amendment," she says she was "very shaken" by the August shooting deaths of three family members in Berlin and a state social worker in Farm, all allegedly perpetrated by the same woman.

Clear is in the closest gubernatorial challenge, Marston declared three times to say whether she supports banning automatic weapons or high-capacity ammunition.

Marston is joined in her support for new gun laws by an unexpected ally: retired Wall Street banker **BRUCE CANNAN**, who has recently ended an opposition to the right of Scott's in his bid for the Republican gubernatorial nomination.

Lozano argues that anyone buying a gun should undergo a background check in order to keep firearms out of the hands of "those who have been adjudicated mentally unbalanced or unstable" and "those who are not allowed to fly."

The Shelburne Republican says he'd prefer the federal government take the lead on such legislation, but he would not oppose a state effort to close the loophole. "There's nothing wrong with a healthy, informed debate about the issue, which has not taken place at the state or national level," Lozano says.

Scott has that about to change.

'Must-Win'?

Spending Sunday at the New Hampshire Democratic Party's annual Jefferson-Jackson dinner in Manchester, Ben Sanders pledged to "pull off one of the greatest political upsets in the history of our country."

But can he, really?

Since mid-October when Vice President Joe Biden announced he wouldn't join the presidential race and former secretary of state **HILLARY CLINTON** outperformed expectations at a Las Vegas debate and a high-stakes congressional hearing, Sanders' momentum has seemed to slow.

In most national polls, he's struggled to get within 25 percentage points of Clinton in New Hampshire, where Sanders led in August and September. Clinton has even things out. And in Iowa, Clinton has maintained a steady lead.

Meanwhile, Clinton has continued to lock up establishment endorsements — and corresponding campaign contributions — on Sunday and Monday, the held three events in three cities to trumpet support from Boston Mayor **MARTIN WALSH**, seven New Hampshire mayors and 12 of the 18 senators serving in the U.S. Senate (**JOHN WHITEHORN**, the pragmatist, defied from Massachusetts, was the lone holdout).

After adopting several Sanders positions on trade and energy policy, Clinton appears to be pivoting back to the core with an eye to the general election. Speaking Sunday in Boston, the again-confirmed Sanders' single-payer health care plan — not exactly a vote to appeal to the base — serving. "If the only Democratic candidate in this race will be plugging to raise your taxes, not your tears."

But let us think the race is over, University of New Hampshire political scientist **ANDREW SMITH** says. Hold on.

"Two months is a lifetime in a primary," the UNH History Center director says. "Speaking as a pollster, polls don't mean



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much. Frankly, voters aren't paying any attention to the race yet, and they won't be until the last few weeks."

According to historical exit polls, 35 to 45 percent of New Hampshire voters make up their minds in the last three days of a campaign. Smith notes, while 15 to 20 percent do so on Election Day itself.

That's a good thing for Sanders says **BEYONDING** the candidate's pollster.

"It's hardy's been in the public eye for 25 years," he says. Here's a guy who's trying to play catch-up, and he's doing remarkably well."

Former New Hampshire Democratic Party chair **NATHAN SALAMON** expects her state's February 9 primary to be a close one. But the longtime Clinton supporter thinks her candidate has the edge, in part because her campaign is being run by some of the best operatives in the state.

"They have a plan," she says. "They stick to the plan and you carry it through."

But Sanders supporter **KEVIN SWEENEY**, a former state senator from New Castle, thinks Clinton suffers from an "unknown gap" (Smith calls her an "on-you-vegetable candidate").

"People trust Bernie," Cohen says. "They know he's for real."

A recent Quinnipiac University Poll of Iowa, which holds its caucuses February 1, shows a similar dynamic in the Hawkeye state. Asked who is "honest and trustworthy," rates about their "needs and problems" and shows their values, more Iowa Democrats said Sanders than Clinton. But she's leading her among likely caucus-goers, 51 to 49 percent.

"I think what drives a lot of this is that Secretary Clinton is viewed as the more likely candidate to actually win the presidency over than is Sen. Sanders," explains Quinnipiac assistant director **KEVIN BROWN**.

Among the biggest threats facing Sanders is one his own campaign control: public expectations of his struggle to meet.

Early last month, his New Hampshire state director, **JULIA BARNES**, told Bloomberg that her was a "marathon" state for Sanders. The next week, campaign manager **AMY WALSH** reinforced the sentiment, telling *Slate* Daily, "I think New Hampshire is pretty much a must-win, but I think if you come very close to losses, I think that's argued to a win."

A week after that, senior strategist **NOAH BROWN** tried to walk those comments back and better manage expectations.

"Obviously we have to do very, very well, beginning in Iowa and New Hampshire," he told *Slate* Daily. "I don't think we have to win any single state to win the nomination of the Democratic Party."

Brown warned that it was dangerous to lay in to such an argument, because the Clinton campaign would only "keep moving the goalposts as this down the field" — in Nevada, then South Carolina and so on.

Soon thereafter, Weiner appeared to be back on campaign.

"The truth is, campaigns are a long haul — and we're in it for the long haul," he said. "There's no make or break."

Media Notes

While gubernatorial candidate Minter is generating headlines, her family members are more likely to be writing them.

Minter's husband, **DAVID GOODMAN**, is a well-known freelance journalist whose subject matter ranges from progressive politics to backcountry skiing. Her sister-in-law, **AMY GOODMAN**, has hosted the nationally syndicated radio and television show "Democracy Now!" for nearly two decades. Kiva, her 15-year-old son, **JEREMY GOODMAN**, has served as a sports commentator on **WTEH** Radio since he was 10. He regularly appears on **WICATV** and pens a column for the *Keene Sentinel* Times Argus.

So who's the best source for the inside scoop on the press?

"Definitely my son," Minter says.

Not that she is rude. According to her husband, "She really is very experienced in dealing with the media. It's always been a really important part of her job."

David Goodman says he doesn't have "any formal role" in Minter's campaign, though he concedes that the topic occasionally comes up at dinner.

"Our family has always enjoyed talking politics, so it isn't any different than that," he says. "We're all engaged and interested."

Unlike many journalists, Goodman refuses his paycheck from an advocacy group that lobbies state lawmakers: Vermont Business for Social Responsibility. The left-leaning organization finances Goodman's weekly **WTEH** radio show, "The Vermont Conversation," putting the host and the station, and it stands up other sponsorships, according to *Vermont Independent* **DANIEL BURLIN**.

While Barker says **WTEH** "occasionally suggest[s] topics," Goodman has full editorial control over the show, which often includes state policymakers but rarely focuses on electoral politics. Goodman notes that he led a "hard-hitting" conversation about last year's FairVote Commission's strife, even though the company was underwriting the show at the time.

Goodman says he doesn't think his work conflicts with Minter's, "since I am not involved in **WTEH** lobbying and the show is editorially independent from them." But he says he would likely prioritize the situation if his wife wins the race.

Minter concurs.

"If I'm elected governor, I think a lot will change in terms of the work my husband's able to do as a journalist," she says. □



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Vermont Inmates Pine for Their Old Kentucky Prison

BY MARK DAVIS

In June, the Vermont Department of Corrections ended its controversial 11-year relationship with the Corrections Corporation of America and started a new one with a small private prison company, the GEO Group. As a result, 368 Vermont inmates were transferred from a CCA prison in Kentucky to a GEO facility in Michigan.

Five months later, inmates and the officials who advocate for them say they were better off in Kentucky.

They claim the transition to the North Lake Correctional Facility in Ishdusa, Mich., has been rife with problems. Inmates accustomed to the open dorm-style living in Kentucky are now stuck in Michigan in windowless cells and allowed little freedom of movement. They no longer have access to many of the jobs, classes and activities that helped them pass the time — and stay out of trouble — in Kentucky.

Taken apart from the GEO prison, Seven Days exchanged emails with several inmates. A new option now gives prisoners in both Michigan and Vermont an alternative to calling "collect": digital means to communicate with the outside world — for 40 cents per email.

Inmates who engaged with Seven Days described a smooth transition during which rules were unclear and GEO seemed ill prepared to host them. North Lake, which had been mothballed for several years, received thousands of inmates two months after GEO announced the two-year, \$30 million contract with Vermont and began hiring new guards. In fact, the Vermonters are the only inmates in the 1,700-bed prison, which is about three hours northwest of Detroit.

"The underlying theme is that we have been treated like guinea pigs," wrote inmate Victor Hall, who was convicted of aggravated sexual assault. The GEO facility, he wrote, "wasn't ready for us at all, and these five months later they are still pushing holes in the host. When we got to Michigan, nobody knew anything about how this place should operate, and taking the staff."

Some of the wrinkles have been smoothed out, inmates say. GEO hired a dietician, not commissary prices, and resolved the laundry and toilet paper delivery schedule.

But inmates and their allies fear some problems may be inoperable.

One of the biggest complaints: There is a scarcity of jobs that could help prisoners pass the time and earn a small amount of money toward costs a day to keep personal items at the commissary.

"North Lake feels a lot more like 'dead time' than CCA," said inmate Shaun Bryce, a former Mannville teacher and schoolboard member convicted in 2001 of sexually assaulting former students. "What you have are guys who used to occupy themselves for hours a day with nothing to do. . . . Time seems to go slower, and little problems seem bigger."

In Kentucky, every inmate who wanted a job had one. In Michigan, even though the Vermont inmate population has plummeted to 240 — something state officials say is partly the result of prison diversion programs — there aren't nearly enough jobs to go around.

Prisons here have been affected, too. In Kentucky, many inmates spent several hours a day waiting on craft projects — ranging from jewelry boxes to small pieces of furniture — using Popcycle crafts and glue. DOC officials told inmates the program would continue in Michigan. Instead, guards there denied the state-wide contract and confiscated them. The warden rejected plans to restore the program, according to several inmates.

In Kentucky, some prisoners took advantage of a commissary program. They spent six to eight weeks teaching students to shulder dogs that were in danger of being euthanized as a result of behavioral problems. There's no such program in Michigan.

"We're just as strong, and with nothing positive to fill our time, we are left with two choices: Do nothing or do wrong things," Hall said. "There isn't enough offered here to make good use of the massive time we have to spend here. Many, many men here do nothing. They waste and rot, largely for nothing."

It's been more than 20 years since the Vermont DOC had enough room to accommodate its prisoner population. When the 1,600 beds in seven facilities are all occupied, the state relies on private companies to step in. Generally, inmates with longer sentences get sent out of state, where non-Vermonters are responsible for their mental health and safety.

The prosecutor's primary advocate in Vermont said he is concerned that security at North Lake is weaker than it was in Kentucky and a few led to have already broken out. "There is the potential for a lot more trouble," said Beth Lapchitz, supervising attorney for the Vermont Prisoners' Rights Office. "My sense is that this place is as unprepared as any other in Kentucky."

Inmates live in four wings. At the center is a small bus that is usually visited by just one guard, Lapchitz said. Other guards walk through the wings and check on the inmates infrequently. There have been instances of inmates being bullied into giving "turf" to other inmates for the privilege of being in their assigned cells, Lapchitz said. "One of the worst problems that concerns me is the potential — and accidents I've heard about — for inmates to engage violence and the strong preying on the weak."



Vermont inmates contacted by Seven Days did not, however, express any significant security concerns. Nor were they immune from violence in CCA prisons. Last year, Vermont inmates

ended in a CCA prison in Arizona, where the company used to house a small number of Vermonters who had disciplinary problems in Kentucky. In 2004, inmates started inside the Kentucky prison.

DOC Commissioner Tim Marzud, who was appointed to his position in September, said in an interview that her agency is pleased with GEO's work and described the switch as a "smooth transition" with normal "growing pains."

"You're taking people who don't have any control over where we're moving them," Marzud said. "They didn't choose Kentucky. But they were comfortable. They established their routine, and we moved them like anybody they want their routine back."

Marzud confirmed that some fights had occurred in Michigan, but nothing out of the ordinary. She said no one had been seriously injured.

GEO, a publicly traded company based in Florida that owns more than 300 prisons worldwide, did not respond to a request for comment by press time.

Marzud said GEO was not contractually obligated to provide inmates jobs or credits programs but that the DOC is working with the company to create more work opportunities. GEO has discretion in the classes and activities it offers, she said.

"I've definitely heard the same complaints, and we continue to look at them," Marzud said. "Their concerns are not falling on deaf ears."

Compounding inmates' frustration is a grim routine. Outdoor time is limited to an hour or two a day, when it's offered at all. In Kentucky, by contrast, inmates could roam between various wings and go outside largely unfettered, as long as they behaved. In Kentucky, the cells had windows. In Michigan, they don't.

"When your world closes in on you, little things become much more important in a way we in the public don't understand," Lipschitz said.

Not all inmates feel GEO

Karen Smith had her prefer Michigan to Kentucky GEO staffers, he said, have treated inmates fairly. He attributed any shortcomings to the Vermont DOC, which he claimed cares little about its

out-of-state inmates. "These people have at GEO make a valid effort to meet our needs," said Smith, who was

corrected of aggregated domestic assault.

"They do what they can."

Though they have just begun to work in some inmates are now worried that they could soon be forced to relocate again and go through another uncomfortable transition. A few told Seven Days that workers and guards have said that North Lake is in danger of closing if it doesn't get more prisoners.

GEO announced in May that up to 1,000 inmates from the State of Washington were coming to North Lake.

But the Washington inmates never arrived. The Washington DOC has since said it will only use Michigan as a fallback, and it has no immediate plans to send inmates there.

Lipschitz said that guards at the Michigan prison had asked him whether Vermont could send more inmates, to keep the prison occupationally viable.

Marzud said she was unaware of any possible change in GEO's plans for North Lake, and, while the state would like to reduce its inmate

population so it can cut all ties with the private prison industry, that isn't likely to happen anytime soon. "Where frustrating," she said, "is that we're doing prisoners out of state at all."

Meanwhile, inmates in Michigan say their time spent there does little to prepare them for life on the outside. In Kentucky, they taught a basic adult education class to help inmates obtain their GEDs. The class was usually full. Over the years, he said, more than 300 Vermonters attended their high school equivalency through the program.

Note, there are no classes to teach. They spend much of his abundant free time in hazing GEO officials for more programs.

He added: "Isn't the goal of corrections to correct?"

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New Drugs Offer Vermonters Hope — for a Price

STORY AND PHOTOS BY NANCY RIMSEN

Bridget Huguenin was 12 when she was diagnosed with cystic fibrosis. At the time, people afflicted with the disease weren't expected to live beyond their twenties.

Now 48, she looks younger than her age in a mustard, mustard, tight and loose "I love my life, and cystic fibrosis is something I have to deal with," said Huguenin, who works three and a half days a week at the St. Albans Free Library and the other two days at a dental office.

Cystic fibrosis, caused by a genetic mutation, produces a buildup of thick mucus in the lungs and pancreas, making sufferers susceptible to pulmonary infections and other diseases. Although she shows no overt signs of someone with a chronic disease, Huguenin admitted that her breathing capacity has decreased in recent years, and her purse is full of prescriptions to manage her deteriorating condition.

Among them is Orkambi, a breakthrough cystic fibrosis medication developed by Vertex Pharmaceuticals of Boston. The federal Food and Drug Administration approved it on July 2, and Huguenin started taking it soon thereafter in hopes of extending her life.

The new drug's price, however, is breath-taking: The cost of her daily, four-pill dosage is more than \$700. The total cost for a year: \$258,000. Huguenin expects to take Orkambi until something better comes along.

Huguenin's drug expenses are covered under Medicaid, the government health insurance program. "I'd had to pay a copay or deductible, it would be thousands and thousands of dollars," she said — an expense she can't afford. Under Medicaid, she pays \$3 per prescription, which covers a month's worth of medication.

Such expensive drugs are exploding the cost of Vermont's public health programs. In a report to the legislature's Health Reform Oversight Committee in October, the Department of Health said new specialty drugs now account for 16 percent of all pharmaceutical spending — up from 9 percent two years ago.

The Medicaid program is expected to cover expensive specialty drugs such as Orkambi, according to Nancy Hogue,



Shelley Huguenin

pharmacy director at the Department of Vermont Health Access. "But that doesn't mean we can't place utilization limits," she said. For example, the state may require doctors to get prior approval or restrict how long a drug may be used without renewed authorization. Hogue noted, "Cost comes into play when there are multiple options."

Orkambi was tested only in patients who were age 12 or older, so the FDA didn't approve it for use in young children. Vermont Medicaid officials proposed limiting its availability further — to the sickest individuals as determined by a test that compares how severely a patient blows air out.

A prominent doctor challenged that recommendation at a recent

meeting of Vermont's drug utilization review board, which meets every six weeks to review new drugs and review treatment guidelines for the hundreds of medications covered by Medicaid. In September, Orkambi came before the group of five doctors, the pharmacists and a nurse practitioner that decides whether medications should be "preferred" in Vermont.

Dr. Thomas Labrie, director of the cystic fibrosis center at the University of Vermont Medical Center, attended the meeting along with the parent of a child with cystic fibrosis to argue against restricting Orkambi to the sickest patients. "If you can act early and get things corrected before it causes damage," Labrie predicted, the drug

would improve lives and save money on hospitalizations.

Then a year, patients such as Huguenin go in for "a cleanse," as she puts it, that involves up to two weeks of therapy to loosen the thick mucus that clogs her lungs. The cost of such hospital stays ranges from \$50,000 into the hundreds of thousands, according to Labrie. He said Orkambi has the potential to reduce hospital visits for the 30 to 40 percent of patients who benefit from the drug.

CYSTIC FIBROSIS IS SOMETHING I HAVE TO DEAL WITH.

BRIDGET HUGUENIN

In response to Labrie's arguments, the board agreed to expand to slightly criteria, making it available to an estimated 39 Vermonters.

State officials predict Orkambi will cause a significant spike in Vermont's Medicaid spending — \$5 million on the current budget year and \$6 million next year, when it will be available for a full 12 months. Federal funds cover about 35 percent of those costs, but the state is on the hook for \$3.2 million and \$4.6 million respectively at a time when tax revenues remain flat.

This isn't the first time a new drug has bumped pharmacy expenditures for Medicaid. The program paid \$5.4 million last year to provide 70 individuals with Hecurin, a recently developed drug that can cure hepatitis C. The disease infects the liver and can eventually result in scarring or cancer. Many people go years without knowing they are infected. Hecurin received FDA approval in October 2014, and it's now the drug as which Medicaid spends the most in Vermont.

Until 2010, the treatment was primarily interferon, a protein injected to retard reproduction of the hepatitis virus. Dr. Dana Strader, who runs a liver clinic at UVMHC, said it didn't work for everyone and had nasty side effects, including nausea and depression. "Now

we have a treatment that can possibly cure it, but a majority of patients can't afford the \$85,000 cost," she said of those who are not covered by government programs.

The price of new drugs doesn't just make the state's Medicaid program more expensive. It drives up health care costs for private insurance companies, too. Brian Murphy, pharmacy director at Blue Cross Blue Shield of Vermont, said drugs have typically accounted for 25 percent of total health care expenses, "but because of the growth of specialty drugs, that cost has begun growing."

The high cost of newer drugs used to be offset by the savings from generic drugs, Murphy added, but now the growth in new generics has slowed.

Like the state, Blue Cross establishes rules to ensure that drugs are prescribed appropriately and to influence prescribing practices when cost is a factor. In the case of hepatitis C drugs, Blue Cross has made Viekira, approved after Harvoni, the preferred drug. It costs half as much as Harvoni, according to Murphy. A patient takes five pills a day, compared to one Harvoni daily, during the same three-month course of treatment.

But in the case of Orkambi, "There really isn't another option," Murphy said. Blue Cross covers the cost of Orkambi for six Vermonters with cystic fibrosis.

Many specialty drugs are on the way, Murphy said, the next breakthrough



medication is likely to treat Alzheimer's. He said the FDA has fast-tracked the approval process of a drug that not only seems to slow the disease's progress, but may even reverse some effects. It could be available by 2015. For a drug that promises to attack such a ravaging disease, Murphy asks, "What price are people willing to pay?"

Many, apparently. Drug manufacturers defend the high cost of medications, citing the expenses associated with research and clinical trials and the need to educate doctors and patients through advertising. Critics — notably Sen. Bernie Sanders (I-Vt.) — charge that the big drug companies spend more on lobbying and marketing

than on research and development. The American Medical Association, which voted two weeks ago to recommend a ban on drug advertising, reported that drug manufacturers spend nearly \$5 billion on marketing, up 30 percent from two years ago.

In September, Sanders, a Democratic presidential candidate, introduced a bill that would allow Medicaid to negotiate better prices for drugs, allow for importation of cheaper Canadian drugs and ban drug companies with a brand name medication from paying other companies to delay making a lower-cost generic version.

Harvoni said she used to worry about the cost of her drugs, even though state programs have sheltered her from their exorbitant expense. She and her doctor had to persuade her to start using even pricier, untested medication. She participated in the clinical trial of another.

Although she takes a half-dose of other meds, Harvoni views astronomically priced Orkambi as her ticket to a future.

"I have been waiting, waiting, because my lung function has been going down," she said. She wants to avoid becoming so sick that she needs an expensive lung transplant — the next course of treatment. "I don't want to get rid of my lungs. They have worked really hard for me for a really long time." ☐

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The Y and What For: A Tale of Two Rehab Projects

BY MOLLY WALSH

Strolling down the narrow hallways on the upper floors of the Greater Burlington YMCA, president and CEO Mary Barnes explained that the cramped offices on either side were once used as lodging for "young men of good moral character" and later as dorms for GIs.

Now they could become luxury suites in a boutique hotel, studio apartments or condominiums.

These are some of the uses under consideration as prospective buyers tour the 1931 building that went up for sale in August for \$3.75 million. Since then, realtor and listing agent Yves Bradley has shown the property to at least half a dozen potential buyers.

"They love it," he said. "If you look at it, it's a fantastic spot. It's very convenient to downtown without being right in it." The old brick building at the corner of South Union and College is two blocks from Church Street.

Both local and out-of-state developers have toured the facility, Bradley said, including groupie dive owners who want "its presence in Vermont and, more specifically, in the Burlington market for a boutique hotel," he added. Although no local colleges or commercial office brokers have yet expressed interest, at least one private developer has looked at the Y with the idea of using directly to students.

But no sale is imminent — the building is not under contract — and redevelopment is likely several years away. The timing will have to wait for the Y, which is moving half a block up College Street to a site that is occupied by the former Ethan Allen Club. Soon after the Y's purchase of the new site went through in August, Barnes announced that she will leave at the end of the year to take a job at a YMCA in Pennsylvania.

The Y paid \$2.5 million for its new home, using funds raised to renovate an old one. Barnes said a capital campaign is under way to raise the nondescript 1972 social club, most recently owned by Champlain College. The goal is to construct a new Y or run 25 laps to hit a mile on its tiny indoor track. Plans also call for a new pool, more room for childcare and preschool programs, as well as a gathering space for seniors and other community members.

As ideas began to gel for the next-generation Y, the future life of the current one is up in the air. A full inventory of the Greek Revival building is underway,

DEVELOPMENT



because the original portion of it is based on the state historic register. However, parts of the masonry structure could meet the working ball, the north end of the building, which includes a 1931 addition containing the Y's lap pool and the east wing of the original structure running along South Union, which houses the gym and a second, smaller pool.

Bradley is pinning the property with these alterations in mind. The current pools "have to go" according to Bradley to make room for a new addition with a parking garage below or alongside it — the current 12 spots just aren't enough for any imaginable new use, he said. Whether it's a hotel or apartments, Bradley says there would have to be at least 50 units to make the redevelopment cost-effective.

The uncertainty about which changes would win city permits creates "lots of question marks" about the property, Bradley conceded, but he's clear on one thing: "That building is not coming down." He said a full-scale demolition of the edifice would never get past the city's preservation commission. A developer never heard "if anybody has asked about it, I've told them that would be a mistake." "There's just no way it's lost, it's historically very significant. No way."

His prediction: As the Burlington area grows, open space doesn't become harder to come by, creative "old" redevelopment is going to become more common and attract developers who can handle it.

Describing the Y as "a complicated site," he said, "It's a great opportunity, but it's not for the faint-hearted. It's one that people really need to think through: are they going to work before they can take a run at it?"

When it was erected during the Great Depression, Burlington's YMCA was a source of local pride. Community members managed to raise \$275,000 to build it even to construct the building after an firestorm at 129 Church Street was destroyed by fire in 1928. The description of the building on the state historic register notes it bricked-in windows with marble sills, gabled wings and dormers, and Georgian masonry.

Inside, though, it's a confusing jumble of diagonal-lattice workroom spaces, crowded preched classrooms, old, curved lockers, and hallways overhanging with concrete steps — stairways, balconies, yoga mats and bleachers, and big rubber balls. Other than the black-and-white photos of the Y's Camp Abenaki, little about the place feels "historic" in the positive sense of the term.

The building has no elevator and, except for a back door ramp leading to the hip pool, no handicap access. Dressed in a smart shirt and jacket, Burns seemed embarrassed as she pointed out this glaring deficiency in a facility committed to welcoming people of all abilities. "It just turns our stomach, makes us sick," she said.

It isn't just people with disabilities who aren't enjoying the full building. Burns said some older Y members have had to quit coming to the facility because they can no longer handle all the stairs, which

When the place opens at 8 a.m., "some of them are already waiting at the door to get in," Burns said. The Y closes on weekdays at 10 p.m.

The Y has been searching for new digs since Burns started working there in an office assistant in the 1990s. The institution considered moving to the suburbs, the Burlington waterfront and neighboring Montreal neighborhoods — and did establish a satellite facility in Winooski. But a new 100,000-sq-ft member center, the Elton Allen Club, was long seen as a possibility. In 2006, the Y tried to buy it but lost out to the higher-bidding Champlain College.

Champlain had planned to build student housing on the site, but opposition from neighbors and other factors is due the sale earlier this year. "It's not happening" for the new Y thus started, Burns said, but it'll be up to her successor to launch and oversee the impending capital campaign. Former South Burlington City Council chair Peter Mackenzie is taking over as interim director where Burns steps goodbye to the Y's 180 full-time employees on December 31. He earned \$112,264 in wages last year, plus additional compensation valued at \$18,552, according to YMCA's federal tax filings.

The Internal Revenue Service forms also show that the Y's total revenues dropped from \$58 million to \$53.5 million between 2003 and 2010, with grants and contributions declining by \$40,439 and program fees dropping by \$24,110. The Y still finished the year in the black but with a balance of \$127,790 in 2010 compared to \$74,859 in 2009.

Programs in produce about 65 percent of the Y's revenue. Of those, children, youth development and camp programs represent the largest income stream — \$54 million of a total \$7 million in 2010. Athletic memberships are a relatively small portion of current income, and the Y's fitness members have been stagnant for 18 years, hovering between 1,800 and 1,900 memberships.

Burns said that number needs to grow to help subsidize programs for seniors and people with disabilities, as well as public health initiatives such as diabetes prevention. That's part of what is motivating the organization to build a newer facility with better workout areas.

Also right now there are 180 people on the wait list for the Y's infant-toddler children program. The goal is to increase slots from 42 to 99 when the new facility is built, Burns said.

Last Tuesday Michael Nichols sat on the hip abduction machine in the Y's gymnasium, sweating his legs in and out as other Y members ran on treadmills and lifted free weights. He lives in the New North End and pays for extended parking when he comes to the Y, three or four times a week.



IT'S A GREAT OPPORTUNITY,
BUT IT'S NOT FOR
THE FAINTHEARTED.

YVES BRADLEY, REALTOR

frequently travel over 10 different levels from the rooftop to the lowest part of the basement.

Why hasn't the organization found a way to install an elevator? "Cost," according to Doug Bishop, the Y's director of communications, "and the board's goal to find a new facility."

Fitting other problems would also require major investments. The roof leaks, and the heating and ventilation system needs an overhaul.

Yet many of the Y's members mean little, despite the fact that they may be doing crunches on a mat in the Y's old bowling alley, dogging plasma platforms in the basketball court for step class or swimming in windowless rooms.



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The Y and What For

"It's great, I love it," Nichols said. The new location could potentially be good, he said, especially if it has parking. Employees mostly use the current Y's fitness spots. Even paid parking is hard to come by since City Market/Union River Group customers started using the lot between the Y and Carfax and Palmer Funeral Home.

Barnes promised more places for cars at the new site, but perhaps not a lot more. There are no plans to build a garage, a higher priority is to create a single drop-off for the many kids and children who participate in Y programs, from preschool to swim lessons.

Some aren't sure a new facility is needed, including Ben Nolan. He grew up in Burlington visiting the Y and was back last Tuesday for a workout. "It's a great community spot," said Nolan, who now lives in Massachusetts and came home to Vermont for hunting season.

The Y might be better off working on improving the current facility, he suggested, but if it does move up the street, he likes the fact that it will still be downtown. "Burlington needs a gym," Nolan said.

As a fitness center, the Y has a lot more competition than it did before the EDGE and Planet Fitness came onto the scene, with their constantly shifting deals that sometimes beat the Y's \$63-a-month adult membership rate.

Outdated equipment, parking hassles and hygiene standards have driven others away. "The age of our facility and space limitations... have played a part for some as to why they decide to let a fitness-oriented membership lapse," said Bishop, the Y's director of communications. Every time that happens, it hurts the Y's bottom line, as well as its ability to offer scholarships and the broad range of programming that makes it much more than a gym.

Back in 2012 the Y looked seriously at a \$9 to \$10 million expansion of the current building and hired Freeman French Frenchman architects in Burlington. The firm's renderings called for two floors of new space over the lap pool and a new, two-story entrance addition in the alley on the west side. But the plan didn't improve the parking situation, and the Y dropped it in pursuit of purchase of the Ethan Allen Club property. "Their preference really was to build a new Y," said Jesse Beck, president of the Y. The current one is quirky, Beck admitted, but the structure has potential. "There really are a lot of possibilities for adaptive reuse of that building," he said.

Contact: mall@sevendaysvt.com

Champlain Parkway Discussed at 'Unexpectedly Civil' Meeting

About 100 people turned out Monday night for an update on the long-stalled and much-maligned Champlain Parkway in Burlington's South End. At the subject, moderator Greg MacIntosh, executive director of Vermont ADOT, said Vermont's Department of Transportation is not a laissez-faire agency. The \$30-plus million, 2.5-mile road project.

"The meeting at Champlain Elementary School generated no polite meeting. After state and local officials made presentations on their design, attendees questioned the audience had submitted no more comments."

The board was understandable, said Burlington resident Jennifer McFadyen. The city is very good at coming up with proposals that seem like they are clearly built around a lot of people's wishes.

McFadyen said she doesn't see the point of the gateway which would run from Interstate 89 to the southern gateway of Burlington to Lakeside Avenue and from there would connect



with Pine Street to shuttle more cars downtown. A portion of the parkway was built in the 1960s but never opened to traffic because of permitting problems. The road now has a state environmental permit and is scheduled for construction in 2018. Design opposition from some activists still lingers in the South End. Others in the audience said they believe the project will be helpful with misaligned intersections, a new stretch of multi-use path on the west side of Pine Street and another one on the east side. It's separate progress for the city program for a program to citywide bike lanes, corner of Grand Mall & Light on Pine Street. The committee will better the experience for motorists on Pine Street, and anticipate how they will use the road around the intersection.

MOLLY WALSH

Burlington College Lowers Tuition to Attract More Students

Burlington College announced Monday that its ranking tuition, having a national trend of rising rates. Tuition, which doesn't include room or board, will be \$5,350 for the 2019-20 school year — down from roughly \$5,500 in 2018.

The tiny liberal arts college has kept tuition flat since the fall of 2016. That's despite being in keeping pace of cash College officials are hoping the discount will attract new students — a critical need given that its student body has shrunk in the midst of its financial struggles. Now, Burlington College is the only liberal arts college in the state that has lowered its tuition for the next year for new students. It also lowered its tuition.

Representatives of the regional consortium agency the New England



Association of Schools and Colleges started the campaign last month. In an interview, the college pointed out that the decline in enrollment — from 885 to 816 undergraduate students in the

fall of 2014 to 723 in the fall of 2015 — is a major risk. But they also pointed the college for reducing its debt, stabilizing its conservative staff and strengthening its course offerings. NEASC is the same organization that put Burlington College on probation in July 2014.

College leaders say the college's budget and lower tuition would reduce the financial pressure on students and bring the cost of Burlington College more in line with comparable institutions. She also noted that 80 percent of the student body receives financial aid.

College officials are optimistic. Helen said, noting there's been an increase in applications for the 2019-20 year.

ALICE FRIESE

Burlington Suspends Taxi Company for Violations

A Burlington panel has suspended one of the city's largest cab companies for three months and revoked its license to issue as a result of numerous complaints.

The Burlington Taxi Licensing Appeals Panel ruled the three-month suspension against Blower Transportation on October 10, citing a "pattern of violations for the city's regulations." Allegations included broken and unresponsive equipment, "out of order" and "impeding a driver vehicle license fees been suspended for driving under the influence."

The panel also revoked the taxi driver's license of Blower owner Ricky Hardy and suspended the taxi driver's license of the city's transportation agency for three months. The panel determined that Blower and Hardy violated taxi regulations.

Ricky Hardy isn't out of the taxi business, however. He said he is working as a dispatcher for another licensed taxi company, J.J. Thoms. Drivers who have worked for Blower are driving for J.J. Thoms.

"We're helping the but we're also helping him, at the same time, learn how to run his company differently," Ricky Hardy said of J.J. Thoms owner Jim Jones. "I've got to work for Jimmy Jones to get out of this town."

Jones confirmed that he hired Ricky Hardy and is considering buying Blower Transportation from him once the suspension



is complete in January. Hardy said that as long as his taxi is driving in town in Burlington, the arrangement is perfectly legal.

Hardy said he continues to operate Blower Transportation outside the city including in Stowe, from which Blower's taxi service is the Burlington International Airport. Other taxi cabs are owned from the airport, he said.

Hardy said he's not sure if the suspension will drop them from the street.

Last Wednesday a Seven-Days reporter called Blower's number to arrange a cab ride from downtown Burlington to the airport. A person picked J.J. Thoms to respond. The other who said he would be called provided a Blower Transportation receipt.

TONY HALLERNECK

The Demise of Burlington's Ashgate Publishing Inspires Widespread Concern — and a Petition

BY MAROET HARRISON

Many Vermonters never knew it was here. But nationwide, the academic community is already feeling the loss of **ASHGATE PUBLISHING**, which, according to multiple sources, closed its offices at 110 Cherry Street in Burlington last week.

That modest office space opposite the Burlington Town Center served as the American arm of a company with its other offices in the UK but its early roots in Vermont. According to its website, Ashgate produces about 800 books annually, "representing the best academic research from around the world" in the social sciences and humanities.

Last July, The Bookseller reported that Ashgate had been acquired for £23 million by Informa, the multinational that owns trade publishing giant Taylor & Francis (owner of the popular *Kinderhook* imprint).

On November 10, John Wright, an English professor at Ball State University in Muncie, Nova Scotia, tweeted a screenshot of an email she had received as the editor of an Ashgate series ("With regret," the message informed recipients that Ashgate's Burlington office would close on November 25. Its employees would no longer be considered Ashgate



representatives, the message continued, and recipients of the email should direct further correspondence to the UK office, whose fate was still "in discussion."



Soon after, a petition to "Save Ashgate Publishing" popped up at change.org, authored by Alisa Gregory, an associate professor of religious studies at the University of Missouri. It described the press as a "safe haven for scholars" and "argued" Taylor & Francis to reverse course immediately and restore Ashgate's US and UK offices.

Roughly a week later, that petition was closing in on 7,000 supporters. It

caught the attention of *Inside Higher Ed*, which on November 28 published a short piece called "Concerns Over Ashgate Publishing's Future." The outlet noted that Taylor & Francis had not responded to emailed requests for confirmation of the American office's closure. Seven days has likewise not been able to elicit confirmation from the parent company, and a vocational inquiry left at Ashgate's local office went unanswered.

Employees of Ashgate's US branch — who numbered 18 at last count — declined to speak about the company's current situation. But senior editor **SARAH HENNING** offered an overview of its history. Ashgate has its roots in the Brookfield Publishing Company, he said, established in that Vermont town in the early 1960s, which did distribution and marketing for international publishers. One of Brookfield's clients purchased the company and renamed it Ashgate in 1987.

In 1999, Ashgate began commissioning new titles from scholars, the following year, it moved to Burlington to take advantage of the city's amenities. Since 2005, Ashgate's local staff centered team has overseen the editing and production of the company's US titles, as well

VERMONT ARTISTS GO 'MAMMOTH' AT THE MIAMI ART FAIR

Every year since 2007, Miami Beach and the surrounding area have swelled with artists, gallery owners, curious collectors (art-world ones as well as the classic family and art enthusiasts). Art Basel, the influential international art fair has drawn crowds since its inception in Basel, Switzerland in the 1970s. The show's Miami iteration is relatively new but it has quickly spawned more than 20 satellite shows.

This week, the week of eight Vermont-based artists will appear at two such events: the Fridge Art Fair and the inaugural 3 Contemporary Art Fair where that art will be exposed to flegions from around the world. Participating artists are painters

GORTY ANDER CAMPBELL, ANDREA ORRIS, and SARAH NAY; mixed-media artists **JULIE COLEMAN and CATHARINE MALL**;



"Natural Behaviors" sculpture by Jennifer McCarroll.

sculptors **LESLIE RAY and JENNIFER MCCARROLL**, and photographer **LEAH GARDNER**, who will perform at various locations within the Fridge Art Fair.

The participation of Vermont artists in what is locally called Miami Art Week is in large part due

to the initiative of Burlington-based **ONE ARTS** center director **MARGARET GILMAN** and the national nonprofit arts organization she directs at St. Joseph's Hospital.

Composed of various nodes, ONE incorporates a national artists representation program and a new arts-coaching project in Shanghai.

ONE Arts, which has a physical space in Burlington's Old North End and curates local exhibits, events and classes in one of several A-10 projects. The organization's primary goal is to enhance contemporary arts dialogue (by) supporting the development of artists by connecting them with new communities.

Bringing artists to Miami is one example of what Coleman describes as her ongoing effort to

"develop a relationship with a larger contemporary arts dialogue." She asserts, "Everybody who we're taking absolutely has the quality of work that should be at a contemporary art fair."

Another major booster of Vermont's

EVERYBODY WHO WE'RE TAKING ABSOLUTELY HAS THE QUALITY OF WORK THAT SHOULD BE AT A CONTEMPORARY ART FAIR.

MARGARET COLEMAN

arts profile is **JULIA BARBAGLIO**, director of social responsibility at Onit.com. To help get the Vermont work seen at Miami, the company issued what Barboglio refers to as a "free grant." The charitable contribution is specifically earmarked in this case for the costs of professionally transporting artwork

in some UK books. "When it was fully started," Hilbert wrote in an email, that team "produced approximately 100 books annually."

If the average reader doesn't feel the loss of an independent academic publisher, scholars do. In her review, Wright described the closure of Ashgate as "redundantly." *Ashgate* company seems to have complicated that. A glance at its roster reveals a wide variety of academic studies authored by professors all over the world. Recent, prize-winning titles include *The Arts of Impersonation* (an anthology exploring the intersections of aesthetics and criminology), *The Islamic Yoke in Early Medieval Iberia and Regulating Corporate Activity in International Business*.

In an email to *Seven Days*, Wright called the fate of *Ashgate* "a huge loss to academic publishing in the social sciences and humanities. Scholarship relies on debate," she noted, and "independent publishers have often been at the leading edge of changing scholarly debate because they're free to take risks."

As an example, Wright cited *This Bridge Called My Back* Writings. By

to Moore — a task that can become a nightmare.

Like Coleman, Ramirez plans to edit the fair herself. Where she will go and see so much art, and get the joy of the land of where out there," she says. For her increasing Vermont presence in the art world helps to "make it a place that people want to live."

Better than being clustered together, the Vermont artists will exhibit with other AGM associated artists. Nine of them including Fry and McClelland will appear at K Contemporary as part of *Adink*. Campbell's *Contemporary* will hold Katz and Haines will exhibit at Fringe Art Fair as part of *Adink* exchange program alongside five Chinese artists presented by Shanghai curator Lulu (Vera) Sun. (Sun produced earlier this year from the MFA program in emerging media at Chapman College, where she co-curated a Burlington exhibit of

Radical Women of Color, a seminal feminist text that would give birth to the non-negotiable concept of "intersectionality." It was published not by a university press but by a small independent one called *Kitchen Table*.

"Every time the large corporations buy a small publisher," Wright lamented, "there are fewer acquisitions editors, fewer book series and so fewer voices in the discussion about what is worth publishing."

Wright said there is a "less told story about *Ashgate*," too — namely, that it was among a number of small publishers that were known for their commitment "not only to quality academic books but also to respectful and caring workplaces." She added, "[T]his is one of the reasons many of us liked working with the publisher — it was an ethical choice as well as a scholarly one."

While a publisher may not be as viable a part of the local business landscape as, say, a restaurant or retail storefront, the loss of that choice is a loss to Vermont too. ☐

Contact: margot@sevendaysvt.com

Shanghai digital artists last spring) "When you live in Vermont and you'd like to get your work in front of people who are so crucial about buying," says Minnesota sculptor Fry. "Poems Art Street" is the ultimate marketplace because there are people who come from all over the world.

If it sounds like there's a lot going on in Vermont, that's because there is. Through the art, creative industries and hard work of Coleman and Laddola the Vermont artists will have the opportunity to multiply their audience connections and exposures in a short span of time. "The whole time were there," Coleman says, "we'll be talking about what we're doing in Vermont."

RACHEL ELIZABETH JONES

Contact: rachel@joneselizabeth.com

INFO

Learn more at ashgatepublishing.com and kitchentable.com

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BURTON

Coffee and Cinema: An Offbeat Film Series Begins in Burlington

BY ETHAN DE SEIFE

KEN WRIGHT, proprietor of the new Burlington café and event venue **RUDES ATRA**, is a little cuppy when asked to explain the name of his business. He allows that it means "red black" in Latin, but he won't explain the significance of those colors. Wright doesn't seem the type to be a Chicago Bulls fan.

Rather, way the translation is helpful in locating Rudes Atra. Its big sign-face entrance, tucked into a well-passed back corner on the south side of the **SOBA PLANT**, is helpfully painted with enormous, red-and-black roses.

Pulling open the black door, visitors are greeted by the welcoming aroma of roasted coffee that fills this high-ceilinged space. With its expansive white walls and funky furnishings, the interior of Rudes Atra looks like a great place to screen movies.

And that's exactly what Wright — a 27-year-old barista owner and former DJ — intends to do with it. A film series that he'll make **BLACK BOX MOVIE THEATRE** will make its debut on Saturday, December 5, with a screening of Matt McCormick's *Towhead* (2004), a short independent documentary about, of all things, toads.

If that sounds insane, that's part of Wright's idea. "I don't think people want to see action movies," he says. "They're ready to see something new."

Wright intends to host a weekly series of foreign, art and experimental films — screened on a white wall this authentic-looking space on the subject is peppered with the names of cinematic trailblazers such as Ingmar Bergman, Andrei Tarkovsky and George Kuchar. If the series catches on, Wright envisions inviting guests to curate screenings and using the venue as a forum for works



FILM

**I DON'T THINK PEOPLE WANT
TO SEE ACTION MOVIES.
THEY'RE READY TO
SEE SOMETHING NEW.**

KEITH WRIGHT

by independent Vermont media makers.

More than that, he wants to use the 40-seat Black Box as "an idea generator that gets people moving and thinking" about film and art in between sips of coffee that he brewed by a method of his own invention. Wright passionately holds forth on the necessity of a small local arts community. Notably, the location he's picked for his venture is next door to the **OPACA GALLERY**, and in a building that holds other artist studios and creative businesses.

Rudes Atra doesn't reinvent its presence very loudly. Though he's

been serving up coffee for nearly half a year, Wright set out a sandwich board on Pine Street only about a month ago.

He has financed Rudes Atra in part with an inheritance from his grandfather, also named Keith Wright and the owner of William's Skateland roller rink, which closed in 2006. "I don't have to set out, so I'm not worried about the money aspect," the younger Wright says. "I want to build a rink and maybe by word of mouth."

Rudes Atra won't be selling alcohol at Black Box screenings — a strategy Wright borrowed from Skateland, where he did spend for an all-ages crowd. In fact, one of the things he knows most about film is that it's as accessible as music. "Everyone knows how to listen to music," he says, "and everyone knows how to watch a film." ☐

Contact: ethan@sevendaysvt.com

INFO

Black Box Movie Theatre films are its begins with *Towhead* (2004) on Saturday 5 to 9 p.m. Rudes Atra is 268 Pine Street, Burlington. See more info on Facebook.

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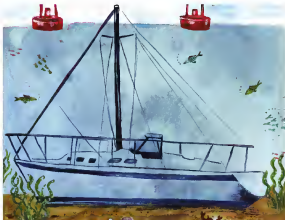
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WTF? What's Up With the Sunken Boat Off North Beach?



A few hundred feet from the shore of Bellingham's North Beach, a couple of Coast Guard buoy-bobs sit in the water. They're in open water, beyond the point where natural hazards such as rocks or falling trees might be in the way for unsuspecting sailors or swimmers. Turnout, the buoys are strangled by the tangle of the most often submerged unknown. WTF is the boat doing there? Who owns it? And who's responsible for getting it out?

A sunders ship is not unusual in Lake Champlain, which has been claiming wrecks for as long as people have been plying its waters. The Lake Champlain Maritime Museum documents several modern powerboats — as well as such historic wrecks as the 18th-century Revolutionary War gunboat *Argyle* — that remain on the bottom of the lake. Garbled divers can even swim among the many wrecks that clutter the Lake Champlain Underwater Historic Preserve.

But the situation surrounding the North Beach sunders is unusual.

According to Lt. David Bourbeau, chief of the emergency management division

for the U.S. Coast Guard's Northern New England sector, an October 1 report indicates that the boat is a 38-foot Evinrude motorboat that had been anchored near North Beach all last summer. Bourbeau posted one line in the report on uncertainty about the boat's name. It's either *Andria* or *Gracie*. (Is maybe *Andria* or *Gracie*. It wouldn't be the first boat with a weird name.)

"The boat was anchored low and strong," said James Bridges, harbormaster for the City of Bellingham, "and took in mid-September; we had a fairly significant storm event. The way that it was anchored, and the way that the wind turned, it just took her right down."

Since then, the boat has slowly slipped from view.

Bourbeau, who is stationed in Portland, Maine, and the Coast Guard has concluded that the boat's propping mast poses no navigational hazards, and that the vessel is not taking any pollutants. That doesn't mean authorities intend to leave the boat in place, but nor is it likely to be raised from the depths anytime soon.

"The problem with this issue?" said Petty Officer John Gossard of the Coast Guard's Bellingham station, "is that we don't know who the owner is."

Despite efforts to find that person, he added, no one has come forward to claim it.

The boat itself hasn't yielded any evidence. A properly registered boat has a hull identification number (HIN) — a unique 12- or 15-digit serial number, typically printed on the vessel in multiple locations, that can be checked against boat registry databases. Gossard said that an underwater-camera search for identifying marks yielded no HIN on this vessel.

In his three years as harbormaster, Bridges has seen several captured and submerged boats. But this is the first one in his tenure, he said, in which a crippled vessel's owner has been impossible to locate. That's a problem, because the law states clearly that the owner of a submerged vessel is responsible for raising it again.

If an otherwise sounder boat poses a navigational or environmental hazard, the Coast Guard will raise it. But since the

service has determined that this boat poses neither a risk — and cost — of its salvage falls to the City of Bellingham.

"We may still have time to get someone in the water and get a hull ID," said Bridges. "We'd like to get it resolved without having to spend local dollars."

If no owner is located after a reasonable search, salvagers can lay claim to the vessel and all it contains. If that sounds like a treasure opportunity straight out of *The Goonies*, fold up those treasure maps right now. This sunders vessel is no booty-laden pirate ship, but an apparently abandoned boat that's likely to wind up in pieces in a couple of decades.

Melvin Maynard, a Coast Guard-licensed diver and owner of Portsmouth-based Lake Champlain Marine Resource and Services, described boat salvage as a chancy, costly operation. Speaking from Florida while on a "working vacation," he said that a salvage company might charge a boat's owner up to a "couple of hundred dollars an hour," a rate that doesn't include numerous miscellaneous fees. The total, Maynard said, could run "well into the thousands of dollars."

A boat is worth salvaging only if it has solid resale value. At the moment, it's not clear whether the North Beach boat is worth the trouble.

Another factor looms large in this aquatic mystery: the weather. Born if the vessel is not currently being fast it might contain fuel tanks that could rupture in the cold. "That could be a serious issue," Maynard said.

The buoy has reduced or eliminated any danger the boat might pose to other vessels. But Pierre LaRoque, owner of the Vergennes-based Champlain Divers International, said that the coming winter could make the boat a hazard of collisions at least if its protruding mast could spill trouble for swimmers who zip across Lake Champlain when the lake freezes over.

LaRoque recently summed up the sailboat's current situation: "No one really knows anything about it." And unless that changes the City of Bellingham will have to pick up the tab for salvaging a boat that's dead in the water. ☹

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INFO

Outrigger is merely curious about something I find your boring question to WTFoverstayyourwelcome.

Dear Cecil,

How do mattress stores manage to stay in business? They're all over the place, but the average adult buys a mattress once every five to 10 years. With high overhead and infrequent purchases, how are they around? (This question was inspired by a friend, Bethany.)

Not Bethany

I see your query, NB, and note you. To my mind, it's not just about how these stores manage to stay in business. The question is, moreover, how are there so goddam many of them — particularly right now? Where I live, in Chicago, entire blocks are all bed heaven with the places, which frankly don't do much for a street's aesthetics. In June's *Times Monthly* article described the worrisome proliferation of mattress stores in Houston, where the venerable groovy Mattress neighborhood has become known as "the Mattress" on account of all the new sleep shops. An April headline in the Northwest *Business Times* spoke of the town of Schenerville, "Why the heck are so many mattress stores opening?" So, you and I aren't the only ones wondering What goes?

One thing that goes about this state of affairs is that, in the age of Amazon, there's something very old-economy about mattress stores, beyond their relentlessly cheery look. No one goes to bookstores to buy books anymore, right? Well, not exactly. A 2014 report by the

consulting firm A.T. Kearney found that despite the digital hype, overall a full 90 percent of retail transactions still take place in physical stores. And according to an investor presentation by industry giant Mattress Firm, dedicated mattress stores account for 46 percent of total mattress sales, handsomely beating out furniture stores (38 percent) and department stores (5 percent) for the largest share of the market.

So mattress delivery by drone is still a ways off. But again, these stores aren't just surviving, they're flourishing — that retail share has more than doubled in the last 20 years. Why? Why are a mattress store when there's another just down the street? Turns out the economics make perfect sense.

• Running a mattress store doesn't cost much. First, each store is essentially a showroom, with the product delivered to your home from a warehouse, sellers don't keep a lot of inventory around. And the salespeople generally work on commission. So contrary to your assumption, overhead is actually pretty low. Plus, the unblinking signage at these

places provides constant free advertising.

• The industry is benefiting from post-recession catch-up. According to the trade journal *Sleep Retailer*, the global mattress market saw a decrease in sales in 2008 and 2009, in the years since, the rebounding economy — including increasing home ownership — has occasioned "renewable" growth in the industry, says SA, expected to reach \$25 billion globally by 2017. The U.S. is the largest retail mattress market worldwide.

• The markup is stupendous. This is the big one. Mattress markups are notably higher than for other furniture items. Consumer Reports puts gross profit margins on mattresses at 40 to 50 percent, both for wholesalers and for retailers, and up to 50 percent for makers of super-hot products. One estimate (from a boutique mattress agent), so take this with a grain of salt, claimed that mainstream retailers can charge \$3,600 for a mattress (after wholesale and retail markup, marketing costs and commissions) that actually cost only \$100 to produce. What's even more for that 30-year classic doggo, where the market is dominated by just a few makers — think *Amber* names like Serta, Sealy et al. More on this below.

Certain ancillary factors are working in the mattress-pusher's favor too. Newspapers and

lifestyle magazines provide great propaganda in the form of endless exhortations to getting a good night's sleep, and the well-publicized resurgence of bedbugs certainly plays nicely with the industry's attempts to get you to replace your mattress more often.

On the principle of Chaitin's gun, if I use a loaded term like "old economy" in the first act, we'll be talking about "disruptive" here in the third. And in. Some not-exactly-data-oriented observers say it's high time to disrupt the mattress industry, which has been described variously as a "beast," a "monster" and, as suggested above, an "oligopoly." Critics are glib by a system wherein makers change colorfast, and wildly variable, prices for products whose differences from one another are often (A) slight, and (B) described in convoluted language — e.g., "ComfortWedge 42" with "Ultra Cool Memory Foam" and optional "Micro Memory Foam with Micro GelTouch." Lots of product labeling is verifiably nuts, of course, on the other hand, you're not dropping \$2,000 as a night's bed, is your head. They point to

the eyerest business, which has similarly been called oligopoly, where the entrepreneurial upstart Warby Parker forced sellers selling cheap glasses to leggings. Witness the white knight of mattress sales! I found an article profiling one contrarian whose customers also the right customers — both have Silicon Valley backgrounds, one's got a great beard — but if I were a mattress seller, I wouldn't be losing any sleep just yet.



INFO

Is there something you need to get straight? Cecil Adams can share like *The Straight Dope* on any topic. Send questions to Cecil via info@straightdope.com or letter form to 110 Chicago Reader, 350 N. Dearborn, Chicago.

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Who Shot Up the Clinic?

Vicki Sports, president of the National Abortion Federation, sure is coming. Harassment, threats and violence against abortion clinics had been mushrooming since the July release of the Planned Parenthood tapes — the anti-abortion Center for Medical Progress' video hoax, edited to create the false impression that the health care provider is trafficking in fetal body parts.

The tapes inspired death threats "I'll pay ten large to whomever kills Dr Deborah Nussle," an individual with the handle "Josephine" posted on Fox Nation in July. Nussle is a Planned Parenthood senior director listed in the video.

Anti-abortion terrorism is not new. From 1977 through 2014, according to NAH, abortion clinics, staff and patients have been the victims of 781 murders, 17 attempted murders, 42 bombings, 184 arson, and thousands of incidents of criminal activities, including acid and gunfire attacks and kidnapping.

But this time Sports was accused as chief evil boss. "In my 30 years at NAH, I have never seen such a volume, intensity and escalation of hate speech, threats and criminal activity," she told the *Huffington Post*.

And then it happened: Robert Lewis Dear attacked the Planned Parenthood in Colorado Springs, killing three people — Jennifer Markovsky, 38, Katherine Stewart, 28 and Officer Garrett Stoney, 44 — and wounding another one.

"We were holy wars," Dear said during police questioning.

All day and all night on Friday, as the events in Colorado dominated the news, Republicans presidential candidates and Congressional leaders said nothing.

Job Bush (weird about football, Marco Rubio's tweet advertised a compensated Black Friday sale: "Shop now and save")

Saturday morning, Ted Cruz berated himself to comment, also on Twitter: "Praying for the loved ones of those killed, those injured & first responders who bravely got the situation under control in Colorado Springs."

"The situation is 'Nothing to do with him — the men who kept the phony tapes in the news for weeks and threatened to shut down the government if it did not defend Planned Parenthood."

The Colorado Republican Party was also proving it said in a statement, for "the victims of this senseless tragedy."



President Obama delivered his usual wary speech about gun violence, stressing that as just one man, mass shooting "This is not normal." He said "We can't let it become normal."

Like the GOP, the president implied that the shooting had no logic, no meaning. Like the GOP, he failed to mention women — much less their reproductive rights.

The Right has been on the Democratic case for refusing to call members of ISIS what they are: "radical Islamists" or "Islamic terrorists." The Dems apparently don't want to alienate potential Muslim allies. The Republicans want to alienate Americans from the Democrats. For the ingenuit GOP, the term "Muslim silence" is an acronym anyway.

On the morning after the Texas Park streets, Cruz declared "No gun as we have

a commander-in-chief unwilling even to utter the words 'radical Islamic terrorism, we will not have a consensus effort to defeat these misdeeds'."

This euphemizing of violence is racist — and if an Arab shoots some strangers, he's a terrorist. If a white guy shoots some strangers who just happen to work at an abortion clinic, he's miraculously ill — if a person cannot be simultaneously crazy and a true believer in a murderous ideology. On Twitter, it's been pointed out that had Dear been black, he surely would not have been taken into custody alive.

But if Democrats won't call the jihadists Islamists, and the Republicans call all Muslims terrorists, if the press won't describe a white cop killer as criminal and reflexively condemn him African American, there is no African American terrorism.

that to one, particularly on the Right, will reflect. That's radical Christian terrorists, who are behind much, perhaps most, of the "pro-life" carnage.

The Army of God launched its bloody anti-abortion crusade in 1982, perpetrating scores of terrorist acts, including the bombings of numerous clinics and the mob bombing of a lesbian bar (they hate "gays" as much as "baby killers"). The Army's soldiers are in five trans-lesbian abortion doctors' homes. Tiller, David Green and John Britton and some of their co-conspirators. Even when the Army of God did not pull the trigger, it celebrates every wound.

Operation Rescue, which collaborated with CMP to produce the defunct Planned Parenthood values, also has a gay history laced with lesbian Christian ideology. The group's former policy adviser, Cheryl Sullivan, served two years for conspiracy to obstruct the Family Planning Associates Medical Group in San Diego in 1980. She and her right co-conspirators were members of the Bible Ministry Fellowship in Austin, Calif.

Operation Rescue president Troy Newman orchestrated the decades-long legal and personal torment of Wichita, Kan., abortion doctor Tiller and his family. He published the addresses of their home and church, where Tiller was ultimately shot by Scott Roeder. Roeder's photograph is prominently featured on the Army of God home page with the caption "American Hero."

On the eve of the execution of Paul Jennings Hill for the murder of Dr. Britton and his bodyguard, Newman and Sullivan issued a press release stating that he should be executed for his "justifiable defense" of the unborn. Hill, an undocumented immigrant, also claimed citizenship with the Army of God.

Newman's apocalyptic manifesto, *Red Blood Cross God*, written with Sullivan, is an exhortation to Christians to take extreme measures to prevent God's destruction of America as punishment for legal abortion. In it, Newman calls the 9/11 terrorist attacks and AIDS signs of God's displeasure. Later, he declared that a California judge's signed God's retribution for the state's liberal abortion laws.

Not only do the Republican candidates fail to repudiate these extremist organizations and their leaders, they embrace them. The work before the California Springs attacks, first mentioned Newman's endorsement, proudly pointing to Operation Rescue's role in making the defuncted videos.

Donald Trump has been meeting with dozens of right-wing Christians. This week, it was a coalition of African-American clergy, many of them "pro-poor" theologians, who preach that God loves capitalism.

Recently, Lance Wallston, a leader in the Seven Mountains Dominionist

movement, sent his blessings to the Trump campaign. "God has given this man to assist us for the welfare of government in the United States and he will prosper."

William Sater, The Dominionists, who believe Satan runs America, advocate for the Christian takeover of all aspects of the country's political, legal and cultural life.

Robert Lewis Dear may not have been directly influenced by Christian beliefs — though he did display a cross of rings in his tiny cabin, after the shooting, Operation Rescue combed its membership list and reported that his name was on it (so that took care of that).

But Dear's son cannot be dissociated from the bloody rhetoric diagnosed as Christian love for the unborn — including the slanderous tapes. The Colorado Springs Planned Parenthood has been targeted for years. The men in the Range of the Moral Right, leaders of Focus on the Family and many other conservative Christian groups. Dear may be certifiably mad, but his madness was guided by a message: "No more baby parts."

"We need to call the thousands of violence and the intimidations of health care providers and patients what it is — domestic terrorism and terror," says Sullivan, executive director of NARAL Pro-Choice Colorado, after the attack. And more public affairs

RADICAL CHRISTIAN TERRORISTS ARE BEHIND MUCH, PERHAPS MOST, OF THE "PRO-LIFE" CARNAGE.

in Colorado and across the country, not just advocacy groups and the people on the front lines, need to take a stand exposing domestic terrorism and supporting women's health.

Let's go further: We need to call that domestic terrorism what it is: radical Christian phobias. These American terrorists share with the US's declared Islamist enemies a hatred of women and a burning determination to control their sexuality by any means necessary. In Syria, extremists who paid some money for wearing burkas that are somewhere too revealing. They will women into slavery in the U.S., Christian families bomb clinics and kill the doctors who serve and protect not just women's health but also their freedom to self-determination ☺

INFO

Paul Poy is a monthly columnist for *Jackie's Lens*. Get a comment on this story? Contact: linkwithnews@newsjournal.com

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to LocalBlast, a series of articles throughout the holiday season. Green Days features locally owned shops in Vermont.



Local Store: Rack & Run,
270 Pine Street, Burlington,
rackandrun.com

The first piece of jewelry Marly Conant fell in love with was her mother's when she was 16. "I'd grabbed the jar of charms and tell my mom, or whoever would listen a story. So if there was a boat, the boat would be incorporated into the story. I'd make it a story and everything."

Here, as the proprietress of her own jewelry and clothing company, Rucki & Ruck, Carver threads hummers and uses recovered metals and resins to create polished pieces as distinctive as these: she calls it a thrill.

[illegible]

The shop, which doubles as a concert studio, is filled with delicate instruments, wrapped from vine and animal hide, and



Intuitive Consensus



vintage blizzards, as well as a small but carefully curated selection of fine vintage and offbeat old faves.

"I really love hunting for unique materials and completely changing them, turning them into something graceful, important and wise—that can represent their personality," Cosant says. She did not a stroke of embellish-



Ennis keeps holding her antique wooden worktable and shoots her shears out. They extend south to make earrings. Gaily brass chains come from her favorite supply place in New York City. East African coats from her aunt's collection. In addition, Conrad says she rarely buys beads. Her subjects, as it were, are and eBay for earrings.

Her father Steve owns Conant Metal & Light and makes light fixtures from vintage metal tin snuffers. Muggle also an artist, was a longtime art teacher in the Washington school system.

Though Conrad earned her degree in studio art and sociology at the University of Tennessee, she didn't study journalism in school. "I have the idea of taking a two-week intensive to learn specific skill more than doing a four-year program," she says. "A lot of my knowledge has come from trial and error. YouTube, googling... just figuring it out." Conrad also picks up tricks from old blogging articles, including the much-discussed bio-sketches.

For example, while trying to fix a sidebar's layout (a tiny paradox), for a browser, the designer hit a roadblock. "I'd discovered up with the idea of creating a little table in the back, then running the chairs through the table," she says.

Roche & Kuentz collection of vintage clothing also reveals some linkages, as well as nuance. While a breezy silk tank top is perfectly weathered, the vintage, women's unbuttoned, Carved-in-uniforms a black leather jacket (made in Italy), a blazer in brown tweed, a coffee-colored dress, an all-black dress

Her philosophy has as much to do with the environment as with aesthetics: "When you're buying vintage, you're not contributing to the waste stream. Convent stores. And when you buy hot customized clothing, you're guaranteed not to sue into anyone who wears it the same thing."

But like Flynn's products, aren't cheap but they're priced fairly. A black velvet vest with decorative gold piping retails for \$72, vintage prom rings from \$30 to \$92. A cuff bracelet goes for \$18 in brass and \$68 in sterling silver, and Caswell's popular ZeeWolf earrings, hot cube hematite/empire brass tassels, are \$66.

Most of the clothing is made off-shore, but Conant produces large portions of her jewelry — primarily earrings, cuffs and brooches — for three-minute sale rounds. Fortunately Hopper, this time, Pease People contacted her soon after she quit her job at Nordstrom. “That definitely was a big part on the back,” Conant says, noting that the company gives her credit for her work on its website and doesn’t try to “pull it off as cheap.”

Currency Converter estimates that 70 percent of its sales are online, 20 percent are wireless/electronics and the rest are in-store. These numbers might suggest focusing on web efforts, but Constant is committed to harnessing "the oldest communication right from people walking and thinking helps me remember [what I'm doing] far and different," she says. "A lot of people ask about how they enjoy my little morning ritual with a walk in nature and I believe them. It's an oldie but a goodie."

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Sen. Phil Hartnett
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USE IT OR LOSE IT

Dancing, boxing, miming:
Vermonters explore new ways to
keep Parkinson's disease at bay

BY KEN PICARD

Joe Heister knows all about inertia and Newton's first law: A body in motion will stay in motion unless acted on by an external force. Back in the 1960s, the former scrapbook engineer worked on the Apollo space missions, developing the engines that lifted the lunar module off the moon's surface.

Today Heister, 70, applies his understanding of Newtonian physics to a more modest goal: keeping his body in motion while an internal force — Parkinson's disease — tries to slow it down. Five years ago, the Burlington resident was diagnosed with PD, a neurodegenerative disorder that can cause tremors, stiffness, loss of balance and coordination, and other physical and cognitive difficulties.

So far, Heister's PD has progressed gradually. The disease has slowed his reaction times and impaired his balance, making rapid movements more difficult. Sometimes it also takes his mind longer to process information, he says.

Shortly after his diagnosis, Heister says, he received a valuable piece of advice from someone whose Parkinson's was far more advanced than his: "Focus

on what you can do, not on what you can't do," he recalls being told. "The mantra is, 'Use it or lose it.'"

Heister took those words to heart — and is now among a growing number of Vermonters with PD who are finding creative and fun ways to "use it." They're taking up recreational activities such as dancing, juggling, boxing, circuit training and even more to keep their bodies active and their minds engaged.

Many have discovered these activities through classes developed and funded by the University of Vermont's Butler Center for Parkinson's Disease & Movement Disorders. The center was founded two years ago with a \$2 million gift from Nancy Rathovitz, a former UVM Medical Center neurosurgeon, and her husband, Bob, a former neurobiologist. They named it for Nancy's father, Frederick Illmar, who died of PD in 1996.

An estimated 3 million Americans, including nearly 2,000 Vermonters, are afflicted with the still-inscurable disease, according to the Butler Center. PD is now the second most common neurodegenerative disorder in the United States, behind Alzheimer's disease.



Use It or Lose It

hives, hot tips and hugs before separating and returning to their respective places.

"You're creating your own mini morning sculptures," McMahon tells the class. "So let's see you use either body parts besides hands and arms. You have legs, hips, heads."

One married couple reacts and kisses. "Get a room!" someone shouts jokingly.

In another exercise, McMahon instructs her students to approach the center of the studio and, one by one, to build an interesting sculpture with their bodies in poses of their own choosing. She doesn't leave them frozen in place for long — Parkinson's does that enough.

Soon the dancers release and separate. McMahon ends the class with a clapping and improv exercise set to Rod & the Gang's "Celebration."

Afterward, about half of the students linger to chat. For many, it's their only outing of the day. McMahon points out that at the class's social component no major reason why attendance is so high. It's an opportunity for people with Parkinson's to converse with others facing similar challenges.

Alex Jordan, 74, attends the class with her husband. She's part of a Parkinson's "cluster" in her family that includes her father, a brother, several uncles and an aunt. When asked if she feels different after the class, she answers without hesitation.

"I can move, I can really move," she says with a smile. "Sitting down all day long is not good. I ache. If I move, I don't ache."

Susan Lester was diagnosed with Parkinson's 15 years ago, when she was just 36. Working as a neuropsychological nurse at Fletcher Allen Health Care (now UVM Medical Center), she diagnosed herself with PD before her doctor did. Ultimately, the disease ended her nursing career.

But the handwriting Lester is not telling her PD lies down. She maintains a high level of physical activity — since her diagnosis, she's tackled 10 marathons, triathlons and even white-water rafting and sky diving. She takes McMahon's dance class to help slow the progression of her symptoms.

"I can really understand the parts of our bodies that aren't working, and she knows how to pinpoint what you need," Lester says.

The benefits of dance for people with Parkinson's aren't just anecdotal. A study published in April in the *Journal of Neural Transmission* measured the effects of Dance for PD on class participants. The researchers found measurable improvements in the students' physical,

mental and emotional well-being, which they attributed to the skills that dance requires: motor planning and memory, visual focus, rhythm, posture and balance control. These improvements included a 10 percent increase in students' overall mobility, a 20 percent improvement in their walking and gait, and a 19 percent reduction in tremors.

Equally important, the study quoted dance participants as describing their movement, and themselves, in terms not typically used by those with Parkinson's, including "graceful," "fluid," "volitional," "spontaneous" and "fluid." The dancers also characterized the muscles as "relaxed," "softer," "happier" and even "symptom free."

At McMahon's students leave the Flynn Studio, it's evident even to an untrained eye that they're more fluid and confident in their movements. As McMahon explains, the mere act of focusing their attention as they move their bodies can reduce the "distraction or two-dimensional quality" of the disease.

In short, she says, they're no longer just people with Parkinson's, but dancers.

MIME ON HIS SIDE

Rob Merritt needs no instruction in bodily self-awareness. The 65-year-old professional mime and founder of Circus Somatics has spent most of his adult life studying the minutiae of his own movement through space. Now he's applying that training to help people with Parkinson's — including himself — store off the disease's debilitating effects.

"Pretty much all our adult life has involved movement — doing aerobics, doing mime, working in the circus," Merritt says during a recent interview in

his Montpelier apartment. "So this is very ironic, for me to suddenly be diagnosed with a movement disorder."

Merritt was 19 when he literally ran away with the circus and traveled around Europe on a mime clown. He trained with world-renowned French mime artist Marcel Marceau, as well as with Marceau's own teacher, Suzanne Descreux.

Merritt remembers coming home each day from mime class and meticulously analyzing his daily activities. As he washed his face, for example, he'd observe whether he brought his hands to his face or his face to his hands — then memorize those sequences and transpose them to the stage.

The mime first realized something was wrong with his body last year while he was changing his hair. His left hand wasn't moving as rhythmically as his right. When Merritt tried to juggle, he discovered his left hand couldn't throw or catch as gracefully either. When he walked, his right arm swung normally, but his left arm hung limply at his side.

Merritt was finally diagnosed with Parkinson's. His doctor told him he was actually "ahead of the game" compared with most patients, thanks to his circus training.

"When you do mime onstage, you're aware of every gesture you're making," Merritt says. Every movement is planned, like a choreographed dance. But Merritt — who also attends McMahon's Movement for Parkinson's class in Rome — notes that since falling from dance is that it re-creates everyday physical activities. Furthermore, while dance is meant to look graceful and effortless, mime creates the illusion of a terrible world by making the effort visible.

Today, Merritt no longer performs publicly — "My movements aren't up to my own standards anymore," he says — but he still creates a convincing dancer. An observer wouldn't guess he has a movement disorder. He remains meticulous about keeping those mental notes, when his weight is centered, when his arms rest, how he crosses his legs and which hand he uses to gesture. Merritt notices and compensates for his asymmetric symptoms: If he gestures with his right hand but not with his left on one occasion, he'll purposely use his left hand the next time.

"If I think about it, I do it," he says. "Parkinson's, for me, is like doing mime all day long."

And Merritt isn't keeping those skills to himself. Teaching circus naturally

to someone who has spent much of his career instructing students in circus skills, both in Circus Sircus and in college lecture series. In evening months, Mirman plans to offer a class in the Manipulair arts to teach people with Parkinson's how to juggle. Rather than using balls, guns or beanbags, he'll start with less intimidating objects: plastic bags from the supermarket produce section. Inflated, the bags float lightly to the ground, which simplifies the juggling process. Mirman has dubbed the activity "bagging."

He notes that the throwing, bending and reaching involved in juggling are precisely the kinds of exercises that physical therapists recommend to PD patients to promote better balance, concentration and the use of both sides of their bodies.

Recently, Mirman worked one-on-one with a man with Parkinson's who had difficulties with his balance and frequent falls. For 10 minutes, Mirman's student held three plastic bags aloft simultaneously. When they finished, Mirman observed that the student hadn't fallen once. As he focused on keeping the bags aloft, he also kept his PD symptoms at bay.

As a young man, Mirman says, he learned a valuable lesson from his mentor: Mirman saw nature to be a metaphor for life. When a wave breaks from an invisible glass of water, it's not just a silly postulate but a drink from the water of life. When a man stands up from a chair, he's not just one arm standing, but all humanity rising to sit first.

These days, Mirman applies Mirman's metaphorical worldview to his Parkinson's.

"You have to keep moving in life," he says. "No matter what."

PUSHING BACK

For Adams stands in front of a mirrored wall with both legs up, like a boxer. Beside him stand six other men and six women, their arms and legs also in standard pugilist pose. In the music begins — the dance music from *Rocky*, naturally — UVM physical therapist Paula Padgett calls the class from the front of the exercise room.

"OK, let's begin with the right hand. We're going to do juk, juk, cross, then come back to center," she says. "Juk, juk, cross! Come back! Juk, juk, cross! Now a little lower."

This is Push Back PD. The weekly circus-training class, launched three years ago and funded by the Boster Center, was designed for people with Parkinson's

Classes are held twice weekly on UVM's Rensselaer Campus in Colchester.

Paula Padgett doesn't refer to participants as "patients" or "clients." They're "players." Their physical therapists, and the 10 graduate students from UVM's physical therapy and exercise sciences program who assist them, are "coaches." Such sensitive distinctions underline the philosophy that, while the program is physically demanding, it's also got to be fun to keep people coming back.

Adams is one of three players in this room who also take McMahon's Movement for Parkinson's classes. Laurie, the retired nurse, and Martin, the dance instructor's husband, are the other two. For 15 years, Adams worked in the hospital's central sterile region using instruments for surgery — that is, until his Parkinson's made it impossible for him to differentiate their shapes and sizes.

"I just couldn't handle the mental part anymore," he says. "I got too dense!"

You wouldn't guess that from watching Adams here. He juk, juk, cross and with surprising agility for a 76-year-old who's been sparring with Parkinson's for 12 years.

In early November, Adams and several other Push Back players won a CBS News report by Lesley Stahl about Rock Steady Boxing. The program uses boxing techniques to help people with Parkinson's —

including Stahl's husband, Aaron Latham — fight the disease's debilitating effects. Padgett's class asked if she could add boxing techniques to the usual stretching and warm-up exercises, and today's juking session is one result. Padgett's colleague, physical therapist Maggie Holt, is now looking to get certified herself as a Rock Steady Boxing instructor.

After the warm-up, Padgett divides the class into small groups, assigning two coaches to each. The players march through four workout stations: cardio, leg, core and wall. One group has on the floor and does planks, a second stands against a wall and works on flexibility and posture, a third does leg and balance training, a fourth hits the cardio machines.

In each group, Martin begins deliberately walking and running on a treadmill. Like all the players, he wears a blue "juk belt" around his waist, which is



attached to a bandolier to assist him if he stumbles or falls. Overseeing Martin is Emily Day, a second-year PT student at UVM.

When Martin winks, he occasionally sniffs his feet. Day observes. Otherwise, when he runs on the treadmill, his gut and stride are normal. Why? One theory she explains, is that Martin is tapping into a "motor plan" inspired in his brain long ago, like muscle memory.

"Your brain takes over and says, 'Oh, I know how to do this!'" she says. "It's really good for us [students] to have an application for the things we've learned in the classroom."

As Martin runs, Day gently reminds him to swing his left arm more. As she points out, Parkinson's is a disorder of the brain, not the muscles, though muscles will atrophy if they're not used. The goal of this class is to prevent that from happening.

Padgett, who's taught this class for three years, says she's seen noticeable improvements in the players' strength, mobility and flexibility. At the beginning, many couldn't plank for more than five seconds. Now they do it for more than five minutes. One man, who started the class last spring, initially had trouble keeping up with the others. The he started walking regularly.

"He came back this semester, and he's like a whole new man," Padgett says.

Why aren't more Vermonters engaged in these forms of PD therapy? One major challenge: the program fees. Padgett notes, is finding the resources to offer classes like this one to all the people who need them. Unlike one-on-one physical therapy sessions, Push Back isn't covered

by health insurance plans. The Boster Center pays the bill — but, owing to limited space and resources, cannot offer the class to everyone who might benefit from it.

"It's not accessible to most people, unfortunately," Padgett adds. "If we could replicate this class, we could probably do two classes a day, every day."

Moving on to the leg station, Adams balances on one foot for more than a minute. Though he sways from side to side, it's not far off balance. Actually, he's moving to the rhythm of the Greek dance music playing in the background.

"He's balance in legendary in this class," notes Katie Greenman, another PT student who's helping him.

"Can you tell those guys are serious?" Adams winks jokingly. Ironically, he reports later, one of the major symptoms of his Parkinson's has been a loss of balance.

Holt, the PT who coaches the Monday Push Back PD class, says it's crucial that Vermonters in more programs like this in the coming years, as the state's population continues to age. It doesn't matter whether it's crowd training, boxing, dance or some other exercise, she says. What matters is keeping Vermonters in motion.

"The more we use our physical bodies all through our lives, the better we'll meet the demands of aging," Holt continues. "If you see someone who has Parkinson's, or you think they do, do everything you can to keep them in the gym. To walk away is the worst thing they can do." □

Contact arjen@vermontreport.com

PARKINSON'S, FOR ME,
IS LIKE DOING MIME
ALL DAY LONG.

ROB MIRMAN

INFO

For more about Movement for Parkinson's, contact the Boster Center at 508-233-1144. To see more about how Vermonters juggling classes for PD, visit robmirman.com.

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Verses From the Barn

Book review: *The Academy of Hay*,
Julia Shipley

BY RACHEL ELIZABETH JONES

The first poem in Vermont writer Julia Shipley's new collection, *The Academy of Hay*, is "Narcissus Cleansing the Bulk Tank." The title is an apt one to lead the work that follows. The collection gradually traces out the relationship of self to a rural landscape populated by family, weather, the often peculiar infrastructure of agriculture, and so-called "ordinary" beasts: cows, goats, sheep, chickens.

Shipley is the founder of Chicksadee Chips & Broads, a poetry and letterpress enterprise, and an occasional Seven Days contributor. Her previous work, *Adam's Mark: Writing From the Good House*, was selected as a *Boston Globe* Best New England Book of 2014. In *Confabulary*, Shipley has run Chicksadee Farm and its writers' retreat since 2004. She describes herself as "married to one man and six acres."

Described on its back cover as "a feminist response to our world straight from earth," *The Academy of Hay* was awarded the Melissa Leach Gregory Poetry Prize in 2014. These poems at times tread a line of familiarity — particularly in Vermont — nature-fueled novel going, but they are riddled with delightfully idiosyncratic insights and gracefully shuttle between the raw elements of the farm and the raw elements of human experience.

The collection is divided into five sections: "Bird," "Farm Stories," "The Academy of Hay," "Hushhushes," and "Bird of the World." After reading all 55 entries, one might wonder how poetry could be written without a farm.

Shipley is acrobatic and yet deliberate in her confusion of the language of the farm with the language of life. In "An Egg Recipe," leading her up into the barn is described as "churning the barn's imagination with words offstage." In "Ghost," a phantom "shocked off his

shock": The wandering of barn into sentient, creative being, however, is not the central image of the farmer poem, nor is that of a ghost's coin-cident first the centerpiece of the latter.

These descriptors do not feel strong or sufficient; in the end, they are too much to an end. In "Ghost," that end is a searing image of a "bullock truck" of white footprints on a floor "painted the color of dried blood."

Lighthearted wordplay is a fixture of the book, from a poem titled "Huzzahs" to "The Present," in which Shipley describes the barn looking like a freshly unwrapped gift as she cleans manure from the floor, reflecting a specific moment — a different kind of "present." In "The Court," Shipley describes the "strongness" of English tiller "Pater's toddler, hands me a turkey feather, Huzz / He gives me a thing, but uses the language of locusts."

The Academy of Hay contains a great deal of staidness, as well "Ballistic

cardinals on the discovery of a hunter's ammunition, making metaphors of guns and sex on the way to its ultimate connection that while a bullet can travel two miles, "Any poem can travel farther, though its wound / is inconclusive."

Shipley addresses the violence of these with lines like "so gradually as summer spurs through winter" ("Storm"). In "Sufficiency September 11, 2006," "down crosses into room," an allusion to the trajectory of the plane down into the World Trade Center. In "Persuasion," Shipley writes, "The sow persuades the true to further as upright postures [...] The hamster persuades the wicker to lie flat in the hole / the drill has persuaded the wood to spin."

For the most part, these poems encapsulate feelings of simple wonder at the day to day mechanisms of subsistence, love and reproduction. However, at the end of the segment "Barn Stories," Shipley bursts forth with an anomalous explosion titled "On the Road." Longer



BOOKS

than most of the other poems, it's a sort of nostalgic rant about driving and crashing, about harvest and paydays lost during transport.

While the phrase "feminist response" in the book's cover copy could be taken as referring to Shipley's one-minded lifestyle, it could also describe the anger she expresses in lines such as this one: "At worst I'd screw you over every / ride/holy/song/price/dile who ever asked, / How are you?"

In contrast with this generalized rage, most of the professed pain that Shipley expresses in these poems relates to the kind of hurt inflicted within

own a man / tear away from a woman and he didn't move it all." Against the backdrop of this dominant tone of calm observation, "On the Road" appears like a sincere, startling outlier, and it's significant that it takes place in transit, in a sphere outside the homeland.

Religion and spirituality run through this collection, as well, with both themes coming to a climax in the book's final segments, "Hallelujah" and "Head of the World." "Mappa Mundi" directly addresses the task of defining God. Shipley confesses, "I don't think, oh, holy and," and adds humorously, "Dirt — it doesn't even have eyes for chrissake."

The book's posthumous poems, "wAa Erogena," playfully blur the boundaries of Jura to heaven to the arrival of a bike on the bay elevator. Shipley writes, "on the third day / he runs from the dead and ascended into heaven — where she / grips him by the wrist, leaves high, leaves him over."

With her nuanced, accessible visions of agrarian Vermont subject matter, Juba Shipley carries forward the state's literary legacy. The *Academy of Hay* shows us that the land really is a gift that keeps on giving. ☺

Contact: rachell@sevendegent.com

INFO

The *Academy of Hay* by Juba Shipley. Some fine books. 15 pages. \$15.

FROM THE ACADEMY OF HAY: "HORN"

Imagine growing something from your head that could blind you. She once knew a man whose horn grew adieu.

Forward his eye. Slowly though as slow as hair grows as gradually as summer spurs. Through winter as long as it takes something newly known to be said out loud—

Some as when you watch a wine glass set on the table edge beside a guest telling dramatic stories with his hands.

The morning the horn grewed eyeshine: at the brink of his blindness.

She former showed up: backslap in hand. She keeps this stub to remind her

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The Art of Politics

Longtime Sanders supporters fondly revisit his early campaign posters

BY NANCY REMEN

If Burlington artist Frank Hewitt were alive today, he would surely have designed a collectible poster to illustrate key themes of Bernie Sanders' presidential campaign — perhaps pairing the down-trodden middle class or greedy big banks with Sanders' disruptive vision.

The Rutland-born painter was an associate professor of art at the University of Vermont from 1970 until his death in 1992. Even before Sanders appeared on the scene, Hewitt was no stranger to controversy. He made his first national splash in 1965 when the radical *Avantgarde* Group, which he had cofounded in Cleveland, had a collaborative show at New York's Museum of Modern Art.

During his time at UVM, Hewitt vented into political art to match the electoral ambitions of his friend and fellow progressive, Bernie Sanders. Their sons were friends, too. Levi Sanders and Corin Hewitt spent a lot of time shooting hoops at the Hewitts' Roney Street house in Burlington.

Hewitt made silk-screened posters for each of Sanders' mayoral races, 1980 through 1987, and for his run for the U.S. Congress in 1990. These weren't lawn signs but frame-worthy populist artworks, signed by

the artist and the politicians, that were showcased to raise money for Sanders' campaign.

Hewitt died long before his friend would run for Senate, much less president of the United States. But the artist's family and friends have saved these posters and remember the process behind them.

ALL OF
THESE
CAME
OUT OF
FRANK'S
HEAD.

MICHAEL
PATTERSON

Karen Hewitt, Frank's widow, still has some of the pillowcase-size posters stacked flat in white drawers in the bright attic workshop where he design wooden tops. She told *Seven Days* she would give the artworks to Sanders' presidential campaign "if there was any way to make them helpful. I would do anything to help Bernie."

Burlington graphic artist Michael Patterson collaborated with Hewitt on the posters, although he stressed, "All of these came out of Frank's head." Inspired by Sanders' high national visibility, the longtime owner of Patterson Ads recently pulled out his own collection of the posters to revisit them.

Patterson said he was "a protest-student" at UVM when Hewitt approached him looking for help



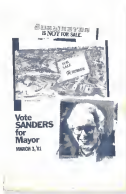
FRANK HEWITT

LEVIN: JEFFREY BROWN

on the poster project. It was 1981, and Sanders was making his first bid for mayor.

"The big issue that election was a real-estate mogul's plan to develop Burlington's waterfront, then pretty much a weedy landscape of abandoned industrial buildings, jumbled railroad cars and big, rusty petroleum tanks," Patterson wrote in a 2009 blog post about the Hewitt's first Bernie poster.

His concept for the poster was a map of Burlington labeled "Burlington is not for sale," plus an inset image



Burlington is
not for sale

Artist Frank Hewitt created this poster for Bernie Sanders' first campaign for mayor in 1981, when one of the big issues was how to develop the waterfront. Sanders favored creation of public space over selling the entire area to a private developer, so Hewitt chose this theme for his poster. Sanders is quoted to victory by 53 votes, defeating the Democratic incumbent.



Bernie buttons

In this 1983 poster, Hewitt used the images of his big campaign buttons to convey the message that Bernie was good for Burlington, so Burlington voters ought to rally for him on Election Day. (By the way, he won 82 percent of the vote in a three-way race with a Democrat and a Republican.)



Bernie + Burlington

When Sanders was a third of the Burlington City job, Hewitt's poster featured a close-up of his image with a star hand added to make appeal. Sanders won reelection with 55 percent of the vote up from a three-way contest.



Grand slam

For Sanders' fourth and final Vermont mayor, Hewitt chose a different theme for his poster booklet. The poster suggested that the mayor could not at grand slam of accomplishment if voters retained him in office. It also reminded voters that Sanders stopped pursuit of a professional minor-league baseball team just off. The Double-A team initially called Vermont Reds, began playing in the city in 1984. Sanders garnered 34 percent of the vote up from a Democratic challenger.

of a smiling Sanders and the inscription to "Vote Sanders for Mayor."

Patterson had a screen-printing setup in the basement of his home in Wisconsin, he recalled. He Hewitt came over with a stack of positive films. "We Scotch-taped them together into the composition," Patterson explained. "We exposed a steel film with a sun lamp shining through our taped-up master and pulled a few dozen prints."

"Then Frank worked into the still-soft ink on most of the prints with thinner and a brush, creating the soft, waxy effects," he added. That made each print unique.

Sanders, of course, won that historic 1981 race — and he was reelected three times. For his subsequent campaign posters, Patterson and he helped Hewitt put together the film images for the masters, but they were printed commercially.

Doreen Kraft, executive director of Burlington City Arts, said Hewitt saw art as a communication tool and a way to build community. "Bernie's election, to him, was very significant," she said.

One of Sanders' first moves as mayor was to set up a volunteer artist task force, and Hewitt was one of the original members. The group, which became known as the Mayor's Arts Council, "turned the lobby of city hall into a gallery," Kraft remembered. It also established a Thursday night summer concert series in Battery Park, for which Hewitt created an image depicting a wind-pink sunset over Lake Champlain. (In 1983, the Burlington City Council voted to fund the arts group and hired Kraft as a part-time coordinator; seven years later, it would evolve into Burlington City Arts.)

Kraft, who also owns several of the '80s Bernie posters, described them as bold political statements done by an artist in a playful, creative style. The second and third mayor posters reinforced voters of Sanders' commitment to the city with the slogan, "Bernie for Burlington." As Sanders sought a fourth term, Hewitt's poster celebrated his accomplishments with a baseball analogy: "a grand slam for Burlington." The poster also reminded Burlington voters that Sanders had brought a Double-A minor-league baseball team to the city.

Hewitt created a fifth poster in 1990, when Sanders made his second run for Vermont's sole seat in the U.S. House of Representatives. His win launched a 15-year (and counting) career in Washington, D.C., that Sanders is now hoping to top with a move to the White House.

Art is part of that list, too. Artists such as Richard J. Oliver and dug Nap have already contributed pieces to Sanders' presidential campaign that will be printed as limited editions. "We have a policy that explores what we can accept from artists," said Michael Ringo, campaign communications director. The prints by Oliver, Nap and other artists will be displayed in shows around the country and then auctioned, he added. The maximum price for an artwork will be \$2,700, the limit on an individual campaign donation.

Back in Burlington, the proponents of Sanders' early political posters cherish them all the more now that he is on the national stage, Kraft said. "There are people who would like to collect these things right now," she noted, "because Bernie is very cool and Frank's work has currency." ☐

Contact: nancy@jaredndevr.com



A new audience

Hewitt kept it simple when he created the 1990 poster for Sanders' second attempt to win the state's sole seat in the U.S. House of Representatives. Just the candidate's name appeared — first, of course, followed by a map of Vermont and a declaration of the independence. After the unsuccessful run for various state offices, Sanders secured the Congressional seat in his own way: with 55 percent of the vote.

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Damascus Dreams

In a new book of photographs, Vermont Deborah Harte Felmeth depicts her other home: Syria

BY ETHAN DE SEIFE

The nation of Syria commands more headlines today than it has at any other time in modern history. Since 2011, the country's very name has acquired up-images of revolution, civil war and an increasingly dire refugee crisis.

For American politicians, Syria has become another battleground they use to polarize supporters and detractors. Many state governors are currently contesting the Obama administration's policy of accepting refugees during that country. Gov. Peter Shumlin's recent decision to welcome Syrian refugees has sparked both protests and lawsuits.

But for Witham resident Deborah Harte Felmeth, who has lived in Syria intermittently for the past 20 years, the country has less contentious associations. It's a land of welcoming people, beautiful traditions and amazing countryside. Her view of the place — both literal and figurative — is in the subject of her book of photographs *Syria: Remember Me*, recently published by Bord Owl Books, an imprint of Wind Ridge Books of Vermont.

Felmeth first visited Syria in 1991, when she was 35, to take a job teaching music at the Eusebian Community School in the nation's ancient capital. Her growing fascination with Syria led to further travel within its borders. Over



**I TOOK THE PHOTOGRAPHS
BECAUSE I WAS IN
EXTRAORDINARY
SITUATIONS AND FELT
THAT I WAS ALMOST
CONTINUOUSLY BEING
GIVEN TREASURE.**

DEBORAH HARTE FELMETH

the years, she came to know it so well that she and her Syrian wife bonded led tears of the country.

Syria's civil war, which began in 2011 and continues to rage today, eventually forced the couple to bring their four operations to a halt. Felmeth's voice was stilled with regret when she talked with *Syria: Days* about the impossibility of returning to Syria; now, she regards the country as a second home.

Over coffee, Felmeth quickly noted that she's not a professional photographer — in Vermont, her life states, she works as a peace, voice and yoga teacher. "If I had known, back in 1991, that I was taking photographs for a book, I would have changed my

career!" she said with a laugh. Still, Felmeth has captured striking images unlike those we see in the news these days. The photos in *Syria: Remember Me*, taken between 1991 and 2011, show landscapes, market scenes, workshops, wedding festivities — a country's everyday life.

"I took the photographs because I was in extraordinary situations and felt that I was almost continuously being given treasure," Felmeth said.

She selected several images from *Syria: Remember Me* and shared the stories behind them. ☐



The interior of Jesus al-Din Umayyad Mosque in Damascus

BY DAVID GOODMAN FOR BORD OWL BOOKS

"This is the second oldest stone mosque in the world. Inside it is a mosque holding the head of John the Baptist, hence it was also called St. John's. It was a cathedral. The cathedral is a Roman temple of Jupiter underneath the Roman temple is a pagan temple for the god Jove. The god of thunder."

"Throughout the mosque, the first time I was in Damascus, I remember seeing a lot of men in the mosque, sitting on the ground. They didn't look like I remember what it was about. Then I realized they were in a line. [A friend explained that]

when they were young, they were sent for religious education and they presented the Quran. A lot of men in the mosque had limited opportunities for work, so saying 'Muslims believe that the dead have more reward because they don't see the world' — that's a right. Therefore, I think that would be the only way to be able to talk. People would wake up and go 'let's go to work' to that pay and they would sit. Then the money would come up, they would be able to pay and they would sit. Then the money would come up. Then the people would get a little money from it."



Walking in the Old City of Damascus

"The man on the left is peddling his wares through the Old City. He is selling his wares. One of the wonderful things about living in the Old City of Damascus is seeing the ones at the street sellers. I would go walking down the street and I would hear (singing, speaking, shouting, etc.) and I would know that the pre-dawn seller was there. You see the best someone going through the street singing. 'Tender tender tender in order, England' — selling little long cucumbers. Each seller has a story to tell."

PHOTO: DEBORAH HARTE FELMETH

SYRIA: REMEMBER ME

BY BORD OWL BOOKS

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End Game

As urban game dinners come into vogue, Bradford celebrates its 60th

BY HANNAH PALMER EGAN

Men wearing plaid and camouflage gather in the church parking lot. Some trade stories of the day's hunt; others turn sausages over heating grills. Smoky scents fill the air as floodlights bathe the day's taking sun. From a stained-glass window in the church, Mother Mary gazes downward with an eternal not-quite-smile.

A man raises his end of the grill, empty about pan in hand. "They need lots of rabbit," he says eagerly.

The grill man leads smokers onto the pan.

"That's rabbit?" the waiter asks.

"Yeah," the grillers reply.

The server dashes back toward the dining room, which is also the function hall at the Bradford Congregational United Church of Christ, known locally as the "Congregation" or just "Congo" church. Near the front door, a plywood sign announces the evening's event in black-on-white letters: "WILD GAME SUPPER, NOV. 25."

This year's feast was the town's 60th. More than 800 guests showed up, according to longtime reservationist Janice Lamber. Most of them registered via printed forms, folded and posted with a \$40 check and \$40E.

Not so long ago the meal felt nearly twice that, Lamber says. In recent years organizers ate the 6:30 p.m. seating—sourcing, pepping and serving more than a thousand portions of moose, bear, bison and deer was just too much to handle. Many on the all-volunteer crew didn't finish their shifts until well after midnight.

Still, is slaugery beneficial, the meal is a highlight on the town's annual calendar and has generated press from the New York Times, NPR and other national outlets. Throughout the afternoon, cars stream off the highway and pull in to

Bradford's Wild Game Supper



area local and local fests and motels, then head to the village for the first seating at 2 p.m. By 4 p.m., cars with out-of-state plates like those 5.

Behind the church, a steep embankment rises to Winnet Street, where my grandmother spent many a fall evening roasting beaver in the yard of her big white house. No one remembers how Barbara Palmer ended upon beaver duff, but everyone in the family recalls the house-filling smother that caused her to move the operation outside.

**IT'S BEEN A
FAMILY TRADITION
FOREVER.**
JULIE PORTER

That's because roasting beaver smells like sun-dried pond, all stagnant goodness and dark, penetrable stick.

But some people love the stuff. Says Lamber, "I think [beaver] is disgusting, but if you don't have it, people won't eat." For a taste of this and other critters, guests must ascend the wide granite steps into the church sanctuary.

When my husband and I arrive, Dwayne Benjamin is at the altar strumming bluegrass ballads. To his

left, Lamber sits at a table with two other ladies, handing cards to guests as they check in.

"Eggs," I say, approaching the table. "For two?"

"Eggs, Eggs," she hums, thumbing through her list. She pulls out two tickets: 394 and 395. We take seats in the pews along with at least 200 other member-holding guests and listen to Benjamin croon.

One of the check-in ladies stands up. "Anyone with numbers 400 and below?" she calls.

END GAME: 4/17/16

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SIDEdishes

BY HANNAH DALMER EGAN



Mad River Distillery

Mad Skills

MAD RIVER DISTILLERS TO GO-ON TASTING ROOM IN BURLINGTON

For decades, the very corner storefront at 137 St. Paul Street in Burlington was home to the Harport, the clothing retailer known for its spirited, over-the-top shirts. Shortly after the Boston-based boutique closed earlier this month, MAD RIVER DISTILLERS moved in. Now the craft distillery is hard at work transforming the space into a tasting room and retail shop.

If all goes well, the founders of the Warren distillery — JASONIAN MAURA GOSWAMI and BRETT EVERT — will be offering samples of their whiskeys, rum and Malibu apple brandy later this month — at least on a pop-up basis. The opening date remains fairly pending permits, says distillery president MIKE BATHOMEN, who joined the company last spring after four years heading VANDER GAAVE.

When it's time for regular hours in January, the Burlington tasting room



will follow the company's Whitefield outlet (open a few weeks) as its second retail location. Along with its own bottles, the shop will carry spirits from other Vermont distilleries, plus mezers, glassware, bar tools and gift packs, such as a three-pack of 100-ml samples of MBD rye, bourbon and maple rum.

Though Bathomen emphasizes that the new space will not be a bar, the tasting room will have a bar

and will host special cocktail nights, workshops and other heavy events as hopes of tapping into the Queen City's increasing interest in craft food and spirits. "I'll give us a chance to talk to people about how we make these cocktails and give people a better sense of what craft distilling is all about," Bathomen says.

Egan notes that the company decided early on to distill every drop by hand and from scratch, using as

many local and regional raw materials as possible. "We think that's a point of differentiation for people that are interested in this movement," he says.

What's more, Egan says he's excited to use the space as a testing lab, where visitors will be able to offer feedback on the test batches, experiments and new products that head distiller Little is working on back at the distillery. "We're really excited about Burlington," Egan says. "We think it's a great place to be."

Royal Flush

BURLINGTON GETS A FRESH FOOD INSPIRED AS TWO RESTAURANTS REOPEN

After closing for kitchen renovations in late

September, Kaplan's on the Rock STAND TAPAS & CATERING (5055 Route 10) reopened for regular business this Thursday. A well-loved watering hole since the early 1980s, the tavern stood empty for almost 19 years until chef and owner moved his oceanside eatery here from the space in summer 2014. He opened the tavern last January with a well-crafted selection: menus of steaks, carpaccio, pizzas and dinner plates such as grilled fish, roast chicken, and baked polenta with wild mushrooms and sage.

Though he insists the reopening isn't "big thing," Cohen has installed additional plush seating and tweaked the menu. He plans to debut brunch service soon and has reintroduced the popular hand-ground burger, which he served this past summer after continued issues with the ventilation hood. "We're always revising the menu and trying to get it

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End Game

We check our numbers and turn toward the door, filling past more ladies sipping hot cups and crab-apple jelly from a table at the back. Brews the wood stoves and into the dining room, where collect our tickets and guide us to a buffet line.

A boy hands me a plate, then ascends to the meat grinder, where I exchange greetings with 23-year-old volunteers, many of whom I know. They ask after my parents and offer portions of meat and steak and sausage, each tagged with a colored toothpick.

Depending on the day, this room serves as both pantry and community meeting space. It's also the Sunday school classroom, where village children study picture-book stories of plagues and miracles, pharaohs and fustian. Here, too, they dress for the Christmas pageant, donning robes and wings to retell the story of a baby born to a virgin in a farmboy manger.

But tonight we're here to eat. Waiters dart through the room, carrying plastic pitchers of cider and brown gravy and trays of potatoes. White mouse tags identify them by first name only. All told, the volunteers are in the hundreds, says 2005 supper co-chair Julie Porter, who adds that, with a shrinking church population, finding help is the meal's biggest challenge.

Upstairs, 20 musicians cycle through pop hits in the sanctuary. Prior to the big day cooks prepare the meats, working in shifts in the church and high school kitchens. Reunited women bake rabbit pies in their home ovens, Porter says.

Dishes reuse prepped meats and scraps of buffalo, beef, moose and game birds, many following recipes volunteers have used for 60 years. So when my dad tells me the pheasant and rice is not to be missed, he's talking about the exact pudding he sampled decades ago.

"The recipes are all on an original note card tucked away until the time of the dinner," Porter says, adding that each dish is cooked to feed 500 people.

A STRIP OF BOAR BACON IS LEANER THAN A DOMESTICATED CURE, AND NUTTY, AS IF THE WILD PORKER HAD GORGED ON FALLEN ADORNS BEFORE ITS DEMISE.

or more — down to the whiffled cream spread over the spiced gingerbread cake of mol mol.

Seated at a long table next to strangers, I stare down at the two bite nibbles of bear and venison steak, wild bear bacon, rabbit pot pie, roast bison, and sausages made with any or all of the above.

I plunge my spoon into a plastic ramble of bear-and-venison chutney, then counterpoint the tomato-fingered red beans and ground game. It's a little gamey, but mostly tastes like this. A strip of bear bacon is leaner than a domesticated cure, and nutty, as if the

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wild parakeet had gorged on fallen acorns before its demise.

In past years, hunters donated much of the meat. But with a shrinking church population and fewer members tending the woods, supper organizers rely on Vermont's Department of Fish & Wildlife for illegal deer taken by hunters. And, Porter adds, "I hate to say it, but some of it's roadkill." The volunteers supplement with farm-raised venison purchased from co-ops and game processors throughout the region.

This year, Vernon Farm donated 776 pounds of Hubbard squash, while the church paid for thousands of pounds of potatoes and cabbage, Porter says.

Porter is a Rutland native, raised in the church along with many of her



relatives. "I was 10 when I was put into the cider room with the very important job of emptying gallons of cider into pitchers," she recalls. "It's been a family tradition forever."

Porter has also worked the buffet line, prepared specialty meat, and carried coffee, cider and gravy to thousands of guests. This year, her 3-year-old son helped her father sort the squash. Her mother, Anah Perry, made the plums-and-rice pudding, while her cousin and uncle worked the buffet line.

In 2014, Porter and co-chair Daniel McLane announced that this year's supper would be their last. In anticipation to working full time overseas

the baker's hotline at King Arthur Flour in Norwich, Porter is mother to two young children and busy in the community. Coordinating the supper ticks into high gear in August, and Porter says she spends most of her spare time on it until mid-November. McLane says he started working meat for this year's dinner more than a year ago.

Finding volunteers is the hardest part. "The church population is getting on in age," Porter says. "So it's hard to keep this thing alive with only 30 or so [active members]. Of those, only a few are young enough to help. There's a group of people that has been doing it for so long, they're just plain tired of waiting on it."

But every hundred of guests here made the meal a tradition—a mix of people of all ages has been coming from Connecticut for 48 years, and they're not the only large group making the annual pilgrimage. The supper is also the church's major fundraiser, netting an average of \$10,000 per year. "It keeps the lights on, that's for sure," Porter says.

Behind the game supper sips, another area reports that the community has raised \$40,000 of the \$200,000 needed to repair the 149-year-old church. This summer, workers fixed the steeple and clock embedded in its spine, which had been losing time for as long as many residents can remember.

When Porter and McLane resigned, and announced the last supper, longtime volunteers Dan and Tracy Smith stepped in. With promised support from several community members, the couple committed to coordinating the 2015 feast. "We just didn't want it to stop," says Tracy Smith. She has worked the supper since childhood, and she took on more responsibility as her parents phased out.

While everyone says that keeping the dinner tradition alive is trying, that's nothing new, according to Joyce Lintner. "[Tracy] started out with Helen and Cliff McLane way back when. Then Anna Rasmussen got involved. Then the Tenthensons, and then Julie and Dave. Nobody wants to give it up, so someone has to take it over."

Tracy Smith seems hopeful for next year. "You feel like you've accomplished something once you do it," she says. "You feel good about everything. The people who are in are always so thankful and appreciative." ☺

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Flavors Without Borders

Holiday shopping for food — and food lovers — in Montréal

BY SUZANNE POCHHAIZER

If holidays had personalities, Thanksgiving would be the tired-and-true friend — the same sturdy meal every year, the same trypsinous sage. Christmas has a more exotic quality, flavored with the crunch of fresh snow, cinnamon and pine needles. There's the sweet agony of waiting to see what's under the tree, and the thrill of ripping off paper to be shocked (delight or otherwise) by the findings. Then comes the feast.

This year, after a fall seasoned by change and heartbreak, I found the thought of Thanksgiving's routines more melancholy than cary. So instead of churning out pumpkin pie, I headed to Montréal, basking the promise of Christmas in my thoughts.

For 12 hours, I wandered the markets and the streets, seeking out fine flavors to grace my holiday table and gifts to give the gourmands in my life. I barely thought about turkey.

I'm sheep confused by shopping guides that range all over a city, so I limited my wanderings to the vicinity of Jean Talon Market, at 7070 avenue Henri-Julien, plus a brisk stroll down Boulevard Laurent and a couple of pop-ins on the streets nearby.

Tips for Shopping Abroad

Unless you're at the front of a long line, ask the person whose helping you to recommend their favorite products, they know more about them than you do. I typically fill up the basket at this Mad Lab. "The toppings to the house-made [place's] finest [type of food] I like ones that are [adjective] and [adjective], and taste a little like [other food item], but I'm willing to try anything you think is essential."

Buy things you can't get at home. Buy things produced in the place you're visiting.

Make plans, but be willing to wander more than on your journey unfolds. My accidental discovery of Bocherie Lawrence led to a surprise lunch at



**MY ACCIDENTAL
DISCOVERY OF
BOUCHERIE LAWRENCE
LED TO MY FIRST TASTE
OF WHEAT, CRISPY AND CHEWY,
WITH CHICKPENS, CUCUMBER
AND DASHES OF PARSLEY.**

Specialty Food Shops

The best food shops fall into two distinct categories. There are establishments focused on particular meats — say, things made with and from olives. These typically have impassioned staffs and small but well-curated selections. Bonus points if most goods are made on-site.

Then there are shops that aggregate the best of the best, offering handcrafted items in plenty of culinary categories. For instance, Le Marché des Saveurs du Québec features 7000 items produced in the province.

Between those two extremes, you'll find handsets of run-of-the-mill to exotic traps, selling whatever attracts the eye.

Lawrence restaurant — my first taste of wheat, crispy and chewy, with chickpeas, cucumber and dashes of parsley — and to a new friend, co-owner Sébastien, who is a passionate advocate for principled agriculture.

Les Jardins Sauvages

Jean Talon Market, 430-800-5175 —
well-stocked goods from Québec

The owners of this market stall also operate a retail store in Saint-Roch-de-Pichigan, 48 minutes from Montreal, and a beach-front restaurant in the same town. *Préfixe* and open only on Saturdays, it serves dishes such as oysters, Rockfeller made with sea urchin, and pork with corn and carrot-pollen polenta.

At the market, try *labrador* tea syrup, dried wild strawberry berry, black trumpet mushrooms, milkweed flower, dip-dip jam (poor person's sofrito), wild herb salt, Québec long pepper.

Épices de Cru

CPI Jean Talon Market, 514-273-1718 —
spices and tea, too, are rare

Try: Vanilla beans from a variety of countries and exotic spices such as apricot, anise, and nutmeg.

Pestifio Sachette

Jean Talon Market, 514-273-4443 —
30 varieties of fresh pasta and the sauce to go with them

Try: Extruded noodles, such as penne and farfalle, that few people make at home.



Pâtisserie le Ryed

Jean Talon Market, 514-273-2100 —
Middle Eastern and Mediterranean sweets

Try: Turkish delight in a variety of flavors, including my fave — rose

Specialty Food Shops: Outside Jean-Talon Market

Boucherie Lawrence

5207 boulevard St-Laurent, 514-277-6680 — a rotating selection of

charcuterie made with meat from small producers plus a few dairy products, eggs and pickled things

Even from outside, I could tell these people are serious about deliciousness. I wasn't wrong.

Try: Everything. And then go to the companion restaurant, also called *Lawrence*, which is just a couple of doors down (5208 boulevard St-Laurent, 514-500-9070). Eat something you've never eaten before.

ILLUSTRATION BY DEBORAH B. P. 35

FOOD AND THE BORDER PATROL

During my day in Montreal, I kept receiving two phrases. One was "borderline" and another "border angels." The second was "Can you vacuum seal that?"

Before leaving the United States, I'd thoughtfully studied a document called "Traveling with Food into the U.S. for the general user" on the U.S. Customs and Border Service website. It frankly admitted, surprised me the most, was the death of restrictions on food we can't bring back from our southern neighbor.

If receiving this document, certainly any import rules have now changed. Customs forms become totem-pole, plain white documents and dried-pork sausages are all allowed. Heck, you can even bring a bag of carrots across the border, provided that it's healthy and gutted, and that you can eat without your hunting license.

Yet, to my surprise, none of the shopkeepers seemed to realize this. Most just said that meat is probably prohibited and that being in danger, I suspect that if the rules were more

generously known, we'd be eating a lot more Canadian cheese.

For gourmands who are jumping for joy at the thought of better access to Canadian products, my advice is this: They can take advantage before and take it around with you at the market. I chose not to buy some of the most delicious things I tasted at Jean Talon because the vendors couldn't package them in a way that I thought would stay moist. After all, in the U.S. I like to buy the rules, not for special packaging and originality, but because I want to know where I arrived at the border. The guard asked "What do you buy when you were in Canada?"

"Soybean, maple syrup, chocolate and food," I replied. Fudgy chocolate and other deliciousness. He asked me to seal my further questions.

I passed the border with ease, but you never know when you'll be pulled. To help you be fully prepared, here's a rundown of what I learned.

MEAT: Nothing made with pork, or sheep meat can be brought across. Canned or cured but must be sealed in its package and labeled with ingredients list and

have originated in Canada — meats can't be home-preserved.

CHEESE: The only items listed as prohibited are ricotta and cottage cheese, so anything that goes in the "cheese" category is permitted. Soft cheeses are allowed as are some soft, hard cheeses.

SEAFOOD: No food restrictions on personal amounts.

BREAD: Food my party at citrus products, as well as fruit and vegetable products. Breads, fruits, berries, spices, herbs, cooked and pickled foods, and dry mixes for baking are acceptable. However, certain countries are prohibited because of an invasive beetle so it's best not to have rice.

PRODUCE: It's not grown in Canada, you're crossing in May through October and it's not a resident Canadian product, it's probably fine. Have your glass of wine.

PREPARED FOODS: Most are baked goods, bottled condiments, candies and chocolates are A-OK. Don't try to bring alcoholic beverages.

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Flavors Without Borders



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205 Place du Marché du Nord, 514-271-2811 — fine foods from Québec in every category you can think of

Try Cheese, and lots of it. Stuff will help you pick the best ones. Then shop for preserved spruce tips, deep-fry and apple jelly, chocolate buns, ice cider and ice wine, and all things cranberry and maple (unless you're a Vermonter who regards it a grave sin to buy Canadian maple).

recipes inspired by the market's producers. Particularly intriguing are spruce-beer granita, spicy corn fritters with bacon, and wild mushrooms and wasson tartare.

More adventurous cooks may want to try Montreal's *Cookin' A Tasting Menu From the City's Leading Chef*, by Jonathan Chénier and Tony Spencer, featuring recipes for Pig's Trotter Savoury Cake with tomato jam, and Southwestern-style poached white fish.

Cooking Classes and More

Le Guide Culinaire

6381 boulevard St-Laurent, 514-751-6050 — a boutique selling specialized cookware and a small number of edibles, with an in-house cooking school that offers classes nightly.

Try All the strange charms' chefs use for molecular gastronomy experiments, along with paprika and other galapagos that will make you feel like you're in high school chem lab. Frequent visitors to the city may appreciate gift certificates that can be used toward goods or classes.

Milano Frutterie

6652 boulevard St-Laurent, 514-633-3358 — Italian groceries

For those who like lower prices and less fussiness, this store sells frozen microwave pizza — and real brains. The noodle aisle is like a shrine to pasta. I've never seen as many varieties in one place. Also look for local wagna beef, organic porchetta, really big jars of Nantala, goaty sausage — the works.

Try Getting an Arishb room as you can buy snowboard here, cook them and serve them over saffron tagliatelle.

Cookbooks

Librairie Gourmande

205 Place du Marché, 514-271-1942 — a thoughtful selection of cookbooks in French and English

Try Francophone food magazines, such as *Carabus*, *Saveurs* (not to be confused with the *American Server*) and *Deuxième*. Also, snap up some quintessential or rich-of-the-border cookbooks I got *Marché* *Chefs* *Stories and Recipes From Montreal's Marché Jean Talon*, by Susan Semak, which offers easy-to-make

Les Toulours

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More food after the classifieds section. PAGE 13

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\* For additional details visit [sierra.com](http://sierra.com)

**30% EMPLOYEE SHOPPING DISCOUNT**

#### ABOUT US

Founded in 1966, Sierra Trading Post is a leading lifestyle retailer. We have the name brands at home, outdoors, performance, wellness, and more. Our range of products, from the outdoor gear to the home goods, is second to none.

#### RETAIL ASSOCIATES

Sierra Trading Post is seeking enthusiastic individuals with good communication skills for our Retail Associate positions. We are looking for merchandising and organizing their merchandise as well as excellent product knowledge in a range of categories. Fresh graduates, previous experience helpful. Sierra Trading Post is committed to providing an Equal Opportunity Employer.

## Boundless JOURNEYS

The World's Great Adventures

### GUEST SERVICES COORDINATOR

Boundless Journeys, an active travel and national luxury tour operator based in Shrewsbury is seeking a full-time Guest Services Coordinator with exceptional interpersonal skills to join our team. This entry-level position is responsible for a wide variety of essential, complex duties in providing support to our travelers and agents/hosts.

Send resume and cover letter to:  
[Info@boundlessjourneys.com](mailto:Info@boundlessjourneys.com)

**Boundless Journeys**  
998 South Main, Ste 2  
Stowe, VT 05672

Please visit [boundlessjourneys.com/employment](http://boundlessjourneys.com/employment)  
for additional information

NO PHONE CALLS, PLEASE.



# DELIVER

## happiness.

We know what you want in a job.

Kelly Services® is now hiring seasonal delivery drivers for assignments with FedEx Ground®. Don't miss out!

#### Details

- 21 years or older
- Business-related driving experience required
- Weekly pay
- Safety bonus plan

#### Inquire in Person

Manville Vans Stop  
332 Leroy Road  
Warren, VT



Info@kellyservices.us

Kelly Services is an Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, age, or national origin.

**KELLY**  
SERVICES

## WakeRobin

### Driver Part Time

Wake Robin, Vermont's premier car-sharing and ride-sharing community, seeks a part-time driver to provide on- and off-campus transportation services to residents. Duties include driving, assisting residents into and out of vehicles, escorting residents to destination if necessary, and general maintenance/scheduling of vehicles. This position requires timely adherence to transportation schedules and safety protocol, and excellent customer service. Applicants must possess a valid Vermont driver's license (CDL not required) and a valid driving record.

Interested candidates, please email [info@wake robin.com](mailto:info@wake robin.com) or fax your resume with cover letter to HR, 254-5146.

Wake Robin is an equal opportunity employer.

## cerf+ Craft Emergency Relief Fund Artist's Emergency Assistance

### DIRECTOR of PROGRAMS

CERF+, a national nonprofit that provides a safety net to artists through readiness, education and relief programs. Through more than 30 years of programming, CERF+ has become a pioneer and leader in the emerging field of arts emergency management. We are seeking a dynamic director of programs who has the experience and skills to strengthen the impact of CERF+'s work as an "artist responder" and artist advocate and to expand the visibility of its services, thereby increasing the population of artists served. The position involves directing teams of CERF+ staff, board and consultants, and collaborative work with other artist-focused organizations, arts agencies and relief providers, both in nonemergency and emergency periods.

The ideal candidate will be a creative individual with 10 years or more of experience providing support services to professional artists, with at least five years at the executive/program manager level. Strong skills as a communicator, presenter, editor and educator are essential. Other critical skills include proven ability to lead/coordinate in periods of crisis and familiarity with current trends and issues in sustaining a career in visual arts. Experience in the craft field a plus, but not required.

The deadline for applications is December 18, 2015.

To seek a detailed job description and to apply, go to our website:  
[craftemergency.org/who\\_we\\_are/job\\_openings](http://craftemergency.org/who_we_are/job_openings).

## BEVS

Looking for a job in the health care field but working with animals instead of people?

Don't you love your Burlington Emergency & Veterinary Specialists (BEVS) is Vermont's only multiprofessional and 24/7 emergency veterinary hospital. We are a group of individuals truly dedicated to the health and comfort of our patients. We have a variety of positions available and are willing to train the right people! Competitive pay and peta benefits are available for both full and part-time positions.

For more information, on our hospital, visit our website at [bevsvt.com](http://bevsvt.com). Please forward a cover letter and resume to [jobs@bevsvt.com](mailto:jobs@bevsvt.com).



### Counseling Service of Addison County, Inc.

Working staff committed to making a difference.

**ACCOUNTS PAYABLE SPECIALIST:** Responsible for regular processing and payment of invoices, responding to inquiries from staff and vendors, processing staff mileage reimbursements, monitoring filing, and 1099 processing. Associate's degree in accounting or related field, plus one to three years' experience, or a combination of education and experience. This is a full-time, benefit eligible position.

**EMR APPLICATION TRAINING AND SUPPORT SPECIALIST:** Responsible for electronic medical record system support, testing and troubleshooting. Prepare documentation and provide user training and EMR help desk assistance. Assist with testing for upgrades, patches and other system enhancements. Minimum requirements: associate's degree or experience commensurate with education. This is a full-time, benefit eligible position.

**ENTRILLING ASSOCIATE:** Maintain client information, submit claims, apply payments, and scan and release client records. Associate's degree plus one year of relevant experience or a combination of education and experience required. Attention to detail a must. This is a full-time, benefit eligible position.

Submit cover letter and resume to [apply@csac-vt.org](mailto:apply@csac-vt.org). To explore more opportunities, please visit [csac-vt.org](http://csac-vt.org) or contact Rachael at 388-6751.

# SIDE dishes

CONTINUED FROM PAGE 45



The Fox Stand Tavern is a catering.



Cheese and Cakes

to what the people here want," says the chef, who took charge in the kitchen following the departure of opening chef no one.

Cohen says he re-formulated his vision for the restaurant after realizing that locals had their own ideas about what the historic venue was and should be. "People have a real sense of ownership about this place," he says. "We have an obligation to win it. It's a tavern and a meeting place, and people want quality food and caring."

Now, with winter approaching and entering season drying down, Cohen says he's excited to focus on the tavern — and to serve a thriving crowd since the snow flies. The tavern is located on a Vermont Association of Snow Travelers trail, and the chef is working with South Royalton's Ridge Climbers Snowmobile Club to ensure simple sled parking, along with signage that will welcome riders made to warm up over a snack or beverage. "There's this perception that the

restaurant is fancier and more expensive than it is," Cohen says, noting that beers are priced at about \$6 per pint and most entrees ring in at less than \$20.

The Fox Stand isn't the only longtime local hub to have suspended recently after a month-long closure. A few other words, chef-owner James took the reins at South Royalton's CHEESECAKE BAR & GRILL (303 Rainbow Street) earlier this summer — and promptly closed to give the place a face-lift. In late October, the new ENGLAND CULINARY INSTITUTE grad and CHEESECAKE owner shut operations with an expanded, ingredient-driven menu. Thick breaded pork belly with smoked cheddar grits, deep-fried beets dipped in honey mustard, and more than a dozen beers on tap, mostly craft brews. ☐

## CONNECT

Follow us on Twitter for the latest food news: @BurlingtonEater @BurlingtonEater @BurlingtonEater

## Give a Tasteful Gift...



### A Tiny Thai Gift Card!

**Tiny Thai Restaurant**

24 Main Street, Downtown Minnaki, 651-988-1111 • tinythairestaurant.net

## Give the Gift of All-Clad

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**All-Clad** or **All-Clad**  
10" Fry Pan w/Lid or 3Qt Saute Pan w/Lid  
**\$99.99**



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**FREE SCOOP**

when you spend  
\$10 or more on  
GIFT CARDS

Waterbury  
Factory  
&  
Church Street



One free scoop  
per visit. Offer  
expires 12/31/13.

1000

## DEC. 5 | MUSIC



CHRISTMAS WREATH: JAMES HARRIS/STYLING

### Key Command

She has told the stories on stages around the world, but pianist Simone Dimmerstein calls Randolph's Chandler Music Hall "exactly the perfect atmosphere for making music." Since self-releasing an album of Bach's Goldberg Variations in 2003, Brooklyn-based Dimmerstein has topped the *Billboard* classical chart and has been lauded as "a poet at the piano" and "a blessing for music" by friend and composer Philip Glass. The award-winning pianist returns to the Chandler this Saturday, paying homage to classical giants Schumann, Beethoven and Schubert, while looking toward the future of the genre with a new work by Lasser.

#### SIMONE DIMMERSTEIN

Saturday, December 5, 7:30 p.m., at Chandler Music Hall in Randolph, \$10-40. Info: 788-6464, [chandlerarts.org](http://chandlerarts.org)

## DEC. 5 | HOLIDAYS



CHRISTMAS TREE: JAMES HARRIS/STYLING

## DEC. 5 | HOLIDAYS

# Decoration Station

**T**is the season to deck the halls with twinkling lights, lush garlands and fragrant coniferous foliage, and holiday home decoraters are in heaven at the Festival of Wreaths, presented by the Mary Johnson Children's Center. Middlebury's Town Hall Theater plays host to a display of more than 100 festooned wreaths from Addison County merchants, businesses and MUJC supporters. After browsing rows of boldly embellished boughs, friends and neighbors can bid on their favorite front door adornments in a silent auction benefiting local youngsters in need. With past themes ranging from Vermont flora and fauna to Frodo, this year's selection is sure to be a festive feast for the eyes.

#### FESTIVAL OF WREATHS

Saturday, December 5, 10 a.m.-6 p.m., at Town Hall Theater in Middlebury. Tickets: \$10. 202-2013, [wreaths.org](http://wreaths.org)

# calendar

WED 2-4 PM

**MILWAUKEE COURT** 3-4 p.m. Courtroom info: 623-6030

**MINIUNION CLASS** Day for the middle-aged to get back into fitness, joy and freedom. Personal MiniUnion. Burlington, 6-7:30 p.m. \$2.50. Info: 330-2355

**NINJA WITH KUNA** Hard music and movements. Classes for martial dance and testing are open. Come to test the new patterns of Kuna. South End Studio. Burlington, 7:30 a.m.-5:45 p.m. Info: 330-2355

**POETRYAL BANGS** Talk an audience in a club. Journal of diverging the voice and camp. Introducing poetry. Personalized Studio. Burlington, 10:30 p.m.-11:30 p.m. Info: 330-2355

**PERSONAL BASKETBALL** Expertise, teamwork and fun. Personal basketball and fitness. Personalized Studio. Burlington, 7:30-8:30 p.m. Info: 330-2355

**PERSONAL BOLD CLASS** Women for inspiration. New books for later. Available Friday. Personalized Studio. Burlington, 7:30-8:30 p.m. Info: 330-2355

**PERSONAL LIFE OF THE PLAG** Women for inspiration. New books for later. Available Friday. Personalized Studio. Burlington, 7:30-8:30 p.m. Info: 330-2355

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Top: A group of people in a room. Middle: A person sitting at a desk. Bottom: A person standing in a room.

**THU.3**

**activism**

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**Healthy Women  
Needn't be a Study  
on Menopausal and the Brain**

Healthy postmenopausal women (50-60 years old) needed for a 1-visit UVM study that includes a brain MRI.

Participants will receive \$100 USD compensation.

Contact us at 847-6346 or [menopause@uvm.edu](mailto:menopause@uvm.edu).



UVM HEALTH CENTER

Clinical Neuroscience Research Unit

## calendar

MON 10/10/12

**GSCP IN-STUDY TALK** (Involving, inspiring and energizing) Join the GSCP members! Dinner, free! Library 5:30-7:00 p.m. Free info: 876-0703

**PAINLY TALK** Have your concerns about under-stimulated or hyperactive all-nighters been fueled by Dr. David Tice, Vermont, 30 days' "Tale" 10:30-11:30 p.m. \$5 to \$10. [uvm.edu/painlytalk](http://uvm.edu/painlytalk)

**REACTOR IN-CLASS/CLINICAL/PROFESSOR**

**CLASSED SUPERSTITION** See 10/11/12  
**PLASMA STREET TALK** 10:30 a.m. Free. Join the first three at the University of Vermont, a party and a bedtime search. Don't miss the Vermont University Librarian, 8:30 p.m. Free. Info: 876-0703

**PROFESSOR MUSIC** See 10/11/12 7 p.m.  
**PROFESSOR NATURE PLANT** Join the first three at the University of Vermont, a party and a bedtime search. Don't miss the Vermont University Librarian, 8:30 p.m. Free. Info: 876-0703

**OUR HISTORY & PROGRESSIVE MOVEMENT** See 10/11/12

**STREET WITH THE LADY** Building business and 2012. Street with the Lady, 10:30 a.m. Free. Info: 876-0703

**NEWS/NOV** (Empowering women) 10:30 a.m. Free. Info: 876-0703

**YOUR AUNT KATHY'S READER** 10:30 a.m. Free. Info: 876-0703

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**VT POLITICS SPEAKER SERIES: KENNETH RIKIN** 10:30 a.m. Free. Info: 876-0703

**THEATER COMPANY: KENNY POPPER** See 10/11/12

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**OFFER CRAFT NIGHT** Creative quilts for a studio space. Free. Info: 876-0703

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SOUTH BURLINGTON

**JEWELRY & SCARF SALE**  
\*\* New Location! \*\*

**10th Annual  
HOLIDAY INN**  
1068 WILLISTON ROAD

December 3-5  
Thursday & Friday 10am-7pm  
Saturday - 10am-5pm

**75%  
LESS THAN  
RETAIL**  
& Lots More

**ALL JEWELRY \$5**  
Exquisite Chain Bracelets  
Jewelry Gift Sets  
Perfumes & Soaps - 3 for \$25  
Gifts & Stocking Stuffers for ALL!

Two 1/2 mile 1958 - 1968 cars  
Free Parking & Admission

**bakedbeads.com**

**BAKED BEADS**  
by David & Rita

A Vermont company since 1991

Agility

**UNIVERSITY FOR ACADEMIC PRIZES**  
10:30 a.m. Free. Info: 876-0703

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10:30 a.m. Free. Info: 876-0703

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# The Young and the Reckless

Vermont native Caitlin Canty on touring her guitar and her new record

BY BEN BOLLER

**C**aitlin Canty's latest album, *Reckless Skyline*, is at times a dark and brooding affair. A twang-inflected mix of heartrending ballads, raucy blues and sparsely strangled folk, it is also the sensually voiced, Vermont artist's most critically heralded record to date. The *Triumph* tabbed it as one of the Best Country Music Albums of 2015. NPR Music praised its grit and emotional punch. And the *San Francisco Chronicle* agreed that the album should make Canty "the next great Americana star."

Canty, who now lives in Nashville after many years in New York City, recorded the album with songwriter Jeffrey Foucault. The two share a bond, which includes members of Morphine, Ray LaMontagne's *Purish Dogs*, Booker T and Baby Belle. Teaming in support of Foucault's new record, the equally stark and beautiful *Salt* as *Wolves*, Canty and Foucault will perform at *Amplify* in Burlington this Thursday, December 3. In advance of that show, *Seven Days* spoke with Canty by phone from Nashville.

**SEVEN DAYS: You grew up in Proctor. Was your family musical?**

**CAITLIN CANTY:** I grew up in a family of athletes. My dad is a marathon runner. And my brother and I grew up playing a lot of sports. I did band and chorus in school. But I didn't get a guitar until I was a senior

in high school. So the songwriting stuff didn't happen until later. Growing up, it was more playing soccer and basketball.

**SD: Being a late bloomer, what ultimately led you to music?**

**CC:** I did sing all the time growing up. So the guitar was a vehicle for singing. Once I started writing songs, I got the bug. And I haven't been able to stop since. Music is now the center of my life.

**SD: Speaking of guitars, I hear you've got a pretty cool one.**

**CC:** I do! It's a Recording King from the 1880s. The exact vintage is uncertain, but it's from the late 1880s. I bought it in Boston on a tip from a friend who said I should check it out. I wasn't really looking for an old guitar. But I just couldn't leave this one behind. I'd never had the experience before where I was singing and the guitar complemented my voice so perfectly. I had never spent that much money on anything before. And it's not even that expensive of a guitar. I'd just never spent that much money before. Not even on my car. And my car is a shitter.

But it sounded so dark and beautiful. And when I opened the case, it smelled like cigar smoke. It smells like a library. It's got so many chips and dings in it. It's

been the biggest thing that's changed my singing and songwriting. It's almost like having a cigarette or a perfume, where before my guitar was just a vehicle to get a song across.

**SD: I don't know if I've ever heard anyone say that a specific instrument fundamentally changed their approach to their music.**

**CC:** Different instruments like different things. My guitar sings better when it's in drop-D tuning. It's more dark and deep. So that made me write more downy blues kinds of songs. And it's how I like to sing, too.

**SD: So this guitar really helped shape and inform *Reckless Skyline*?**

**CC:** Yes. I wrote most, if not all, of the songs for *Reckless Skyline* on it. And everything kind of came together around the same time, too. Jeffrey Foucault signed on to produce it right after that, and the band came in then. So I had all this excitement and a purpose. I was overjoyed working so hard on all these songs, and it didn't feel like work at all. It was a beautiful time.

**SD: What was it like working with Jeffrey?**

**CC:** I had never worked with a producer before. And it was spectacular. He says a producer's job is to do

THE YOUNG AND THE RECKLESS BY BEN

# soundbites

BY DAN BELLES



## No O? Oh No!

Before we dig into this week's music news and notes, I need set the record straight on a few things regarding last week's cover story on 40 years of Nectar's. Perhaps most notably, given the scope and size of the piece, and the fact that I was working with sources who were calling on quite old and possibly decades-removed recollections, there were a few gaffes.

The first is that I referred to **BLAKE RUS** (Nectar's headliner) as **CHARLIE TRUITT** in a "beast of a guitarist." Well, Mr. Charlie is indeed a beast, but on harmonica, not guitar.

The second is that I got my threads mixed up. I quoted **OSCAR LAMARQUE** of **SHAMLEY & THE WOODMEN**, who just wrapped up a residency at the club. The problem was, I referred to him as **OSCAR MARQUE**, who is in **SHAMLEY**, not **Squidley**. On the plus side: **Wendos** actually did air in with **Squidley** during the residency. So that counts for something, right? On second thought, no. No, it doesn't.

Another error was that **DANNY BROWN** sold his share in Nectar in 2008, not 2007, as stated in the piece.

These errors are regrettable, but they are the kinds of slips that sometimes happen even after careful revisions, read-throughs, edits and in-sipity fact-checking. However, it seems my oversight is a decades-old Burlington

debate around which there are some passionate opinions: Nectar? Or Nectar?

If you've been around Burlington long enough, there's a good chance you've seen **nectarhouse's** name spelled both ways. On their 1994 record, *A Picture of Nectar*, which bears **Rorris'** image on the cover, **nectar** (obviously) spelled it with an A. However, in the *Whitopsis* entry for that album, **Rorris** is referred to as **Nectar**. I know, I know. Consider the source, right? Well, on the history page of the website for the bar that (maybe?) bears his name, he's also referred to as **Nectar**. He's been referred to as **Nectar** in *stories* as articles over the years, locally and nationally, from **VPR** to *goodands.com*.

Prior to writing the article I was advised by **OSCAR WALKER**, who purchased the club from "Nectar" in 2000, that **Nectar** is how **Rorris** himself prefers it. And **Wahls** was adamant, citing years of documents with the latter spelling.

Since that story ran, I've heard from numerous people on both sides of the debate. **OSCAR WALKER**, the original owner of *Club Metromuse*, was just as adamant that it was spelled with an A, citing her own lease agreements with **Rorris**. So which is it? Earlier this week,

I called **Rorris** to find out once and for all.

"It's short for Nectarian," he said. "So it's spelled with an A."

Well there that, right?

Not quite. As it turns out, **Nectar's** was, in fact, originally named **Nectar's**. When the club opened in 1975, it was spelled **Nectar's Restaurant**. That's according to the building's listing on the National Register of Historic Places. **Rorris** sold the business in 1985, and the establishment became a restaurant called **McHitts**. But **Rorris** bought back the restaurant and reopened it as **Nectar's** in 1994, which is when the current spelling soon again went in. The picture of left shows the original sign, with the 1975 spelling.

So why did **Rorris** open a business with a name close to, but slightly different than, his own?

On that, **Rorris** is less forthcoming than how he prefers his name to be spelled. He vaguely referred to legal issues at the time of the transactions in the 1980s. **Robbrell**, who worked at **Nectar's** in the 1980s, recalls a namechange clause when he said that **Rorris** declined to speak on that subject, fearing any inadvertent legal entanglements that might be lingering 30-plus years later. He probably doesn't need to worry about that since the name **Nectar's** is federally trademarked. But you can't blame the guy for being cautious.

While the reason **Rorris** originally spent his just as **Nectar's** instead of **Nectar's** might remain unanswered, what is no longer a mystery is how the name change is really spelled. So let the record show: It's **Nectar**. Not **Nectar**.

My apologies for the mistake, which could have been avoided had I simply asked **Rorris** from the outset.

Now, if you'll excuse me, I'm going to have several beers at **Pinnagles Pub** and ask why it's not spelled **Pinnagles's**.

## BiteTorrent

Congrats to the **SHAMLEY WOODMEN** crew! The long running local radio-friendly band was nominated for a 2016 **American Music Award** in the **Rocky Troup Group**.

SHAMLEY WOODMEN @ FOLK

## HIGHER GROUND



THU 12.3 10:17 The Post welcomes **Lefebvre Salmon**

FRI 12.4 10:47 The Post welcomes **Eric Hutchinson** (10:47, 10:50, 11) *Anya Maris*

FRI 12.4 First Friday: Santa's Naughty or Nice Pajama Party

SAT 12.5 10:25 welcome **Lobos Land: A Tribute to Rush**

SUN 12.6 10:00 **Pinnagles Courts** (10:00, 10:10, 10:20)

WED 12.6 **Burlington Battle of the Bands**

THU 12.10 **Chris Whelby** (10:00, 10:10, 10:20) *Wendos*

THU 12.10 **All Star Superjam** (10:00, 10:10, 10:20) *Wendos*

FRI 12.11 **Comedy: Gad Elmaliah**

JUST ANNOUNCED — 10:00 Meet & Greet, **The Wilms** 10:00 **David Sorenson** 10:10 **Wendos** 10:20 **Wendos** 10:30 **Wendos**

10:10 **Wendos** 10:20 **Wendos**

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10:40 **Wendos**

10:50 **Wendos**

11:00 **Wendos**

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## SISTER SPARROW & THE DIRTY BIRDS

Saturday, December 12

Doors: 8:00/Show: 8:30 pm Showcase Lounge

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LA Times

WIN  
TIX!

Go to [www.eyesoftheworld.com](http://www.eyesoftheworld.com) and answer 2 trivia questions.  
Or, call: by **Eyes of the World** (166 Battery, Burlington)  
Deadline: 12/6 at noon. Winners notified by 8 pm.



is the *Salt Lake Herald*. So it was a really cool first gathering of this crew. Now we've been touring together in different formations for almost two and a half years.

**SD: You recently moved to Nashville. What do you think of Music City?**

**CC:** I was [laughing] here in let to do writing sessions and sing on people's records. So I've spent a good deal of short-term time here. So it feels like home already. Also, I chose this place: Which is the first place I've really chosen. I was born in Vermont and moved to New York because of a job and then just couldn't leave. But Nashville is so comfortable for me. And for a musician, it's just an easier life. You can tour in and out, it's a lower cost of living. If you need to find a backup player for something, you could throw a name and let one. But to be honest, I haven't been here much since I moved here. I've been running around behind Redd Foxx's album, which came out only in January. I've been touring like crazy and kind of leaving my guitar in Nashville.

**ONCE I STARTED WRITING SONGS, I GOT THE BUG, AND I HAVEN'T BEEN ABLE TO STOP SINCE.**

CAITLIN CANTY

**SD: You do tour a lot. Do you have any tips or tricks for staying sane on the road?**

**CC:** Well, that answer I stay sane. [Laughs]

**SD: Touché.**

**CC:** I do rest when I can. It helps. I also try to eat well. Not so much sugar healthy, but just eating down for a meal. That makes a big difference when you're heading. Our workday starts around four o'clock and ends at midnight. So my only trick is to ask for as early load in, just to get that shot done and out before the show. Otherwise, it's the 11 o'clock gas station deuce. Nobody likes that.

**SD: What's the best record you've heard recently?**

**CC:** Would it be *pondering to see Jeff as Wolves*? [Laughs] (Actually, what I can't stop spinning right now is an old record, *Clashy Pride or Person* [live at Panther Ball]. Every time I'm making dinner at home in Nashville, I throw that one on and sing along to every old country song in it.)

**INFO**

Jeffrey Foucault and Caitlin Canty perform at Atlantic in Burlington on Thursday December 10 7:30 pm. \$16 AA.

## The Young and the Reckless

all their work before and after. A lot of people think what a producer does happens in the session, like, "Let's hear another take of that." But really what helped me was the preparation beforehand: him songs and talking about approaches we might take.

And then after the sessions... usually, the post-session discussion (usually under your fingertips and you can get lost in the woods there. But one of Jeffrey's approaches is to choose a take in the moment and then the rest of the takes are based on it. And I really think that helped more things along.

And it wasn't like before was just following directions. Those gaps have all played in different incarnations of Jeff's band. And I brought along another Vermont: Matt Lorent, who





## WED. 2

## burlington

**THE GAILY PLANET** Live!!!  
Thompson (all covers) 9 p.m. to 11 p.m.

**THE OFFSHORE** All-Indies and  
Semi-Indie (open) 7 p.m. to 1 a.m.

**MILKDRINK SPACEMAT** Jack  
Jama with Chris Mitchell (1990s  
covers) 9 p.m. to 1 a.m.

**JFUFUFU** Pub Band with Gaze 7  
p.m. to 1 a.m. Karaoke with Melody  
Kluger 1 a.m.

**JANIFER** (all without  
Gaze) (all 5 p.m. to 1 a.m.)

**LIAR! Liar! LAMP** Semi-Indie  
Sundance 8 p.m. to 1 a.m. Indie  
Music: Indie, Midwest, Avant.  
Sundance 10 p.m. to 1 a.m.

**HAMMATION PIZZA & PUB**  
Open Mic with Andy Cogan 8  
p.m. to 1 a.m.

**HEATSEY** Strip Night with  
Rough-Edged 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m. Karaoke  
(all 10 p.m. to 1 a.m.)

**RADIO BEAT** Soundbite 9 p.m. to  
11 p.m. Indie, Midwest/Sundance  
(all 10 p.m. to 1 a.m.)

**The UGLIED Gaze** (all 10 p.m. to  
11 p.m.)

**RED SQUARE** The Rock Band  
Covers 8 p.m. to 1 a.m. Indie  
Music (all 10 p.m. to 1 a.m.)

**GOOSE KITCHEN** Area  
Michell, David, Gaze 8 p.m. to  
1 a.m.

**THE SKINNY PASCARE**  
(1990s/Indie) Jack Perkins  
All-Indie 8 p.m. to 1 a.m.

**ZEN LOUNGE** Elements with  
Zenology 7 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

## chittenden county

**PHILIPPA GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**FRANKIE GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**LEONARD** Mark Leland/Tuesday  
Covers 8 p.m. to 1 a.m.

**ON TOP BAR & CIGAR** Club  
Covers 8 p.m. to 1 a.m.

## barre/mountpelier

**RAMON BARBER** Mountpelier  
Covers 8 p.m. to 1 a.m.

**THE SKINNY PASCARE** (1990s/Indie)  
Covers 8 p.m. to 1 a.m.

**SWIFT MILES** Mountpelier  
Covers 8 p.m. to 1 a.m.

**STONE/STANGE** Mountpelier  
Covers 8 p.m. to 1 a.m.

## stowe/middletown

**PHILIPPA GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**FRANKIE GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**CITY UNITED** Karaoke 7 p.m. to  
11 p.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
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**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.



HON 7 / MOBILE DEATHCAMP (METAL)

## Bang Your Head

Todd Evans formed **MOBILE DEATHCAMP** after a five-year run performing as **Beefcake** the Mighty with some other metal band. Great MD don't beat quite the same theatrical beat as the Steamboats of the Universe, an entire audience member. But the **Beefcake** band does share an affinity for performing through metal that borders industrial, blooded and brewed — mostly opening, of course. MD headline Metal Monday at Nectar's in Burlington on Monday, December 7, with support from **CAUTION** and **FORNICATION** at THE MOUNTAIN.

## ON TOP BAR &amp; CIGAR

**Red Square** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

## BURNING FLOOR

**Red Square** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

## BURNING FLOOR

**Red Square** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

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**Red Square** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

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**Radio Beat** 8 p.m. to 1 a.m.

**The UGLIED Gaze** 8 p.m. to 1 a.m.

**Zen Lounge** 8 p.m. to 1 a.m.

**College Night** 8 p.m. to 1 a.m.

**Heatsy** 8 p.m. to 1 a.m.

**Phantoms** 8 p.m. to 1 a.m.

**Radio Beat** 8 p.m. to 1 a.m.

## FRI. 4

## burlington

**ARTIST OF THE MONTH** (all 10 p.m. to 1 a.m.)

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

## chittenden county

**PHILIPPA GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**FRANKIE GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

## stowe/middletown

**PHILIPPA GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

**THE BURNING FLOOR** All-Indie  
Sundance 8 p.m. to 1 a.m.

**FRANKIE GRANGE** Burlington  
Covers 8 p.m. to 1 a.m.

## barre/mountpelier

**RAMON BARBER** Mountpelier  
Covers 8 p.m. to 1 a.m.

**THE SKINNY PASCARE** (1990s/Indie)  
Covers 8 p.m. to 1 a.m.

**SWIFT MILES** Mountpelier  
Covers 8 p.m. to 1 a.m.

# REVIEW *this*

## The Pilgrims, *Shred Savage*

(REMY COMMUNICATIONS DIGITAL DOWNLOAD)

Sooner or later, we all get old. Though the ravages of age are inevitable, getting older doesn't necessarily mean one has to grow up. That's a delicious truth which the members of The Pilgrims are currently grappling. The band formed five years ago in Windsor. Under the aegis of Upper Valley's indie label What About Life, the Pilgrims have released five albums, including their latest, *Shred Savage*. They have grown from a quartet to a quintet. And, as bassist Brandon Bingle writes in a recent email, the band is presently "tripping over the thirties threshold and trying to be adult about it."

From someone who has face-placed on the thirties threshold and a new nervous energy filling 40 just over the horizon, here's the thing about being an adult: There are a lot of ways to go about it. Judging by *Shred Savage*, it seems the Pilgrims (rightly) believe one can be a



grown-up and still cling to the nostalgia fully of youth. The band's most widely covered by the women's side — for those under 16, it's a nod to Fred Fingers, the star of the classic late 1980s coming-of-age TV series "The Wonder Years." It's also loved by the cover art, which recalls Garbage's *Pinch* and features the same strange imagery in either more subtle ways, too.

On album opener "Word," vocalist Chris Bingle sings passionately letting one's brain dig for "You can have my heart, you can have my head / You can keep your heart, this is what she said," he sings in his typically raspy growl. There comes the hook as a repeat: "You should just be weird."

Becoming comfortable in your own skin is one of the overlooked advantages of age and experience. That notion is a central tenet of the Pilgrims' latest, both thematically and sonically. The band

has always existed in a stylistic limbo in which late-1970s rock, 1980s alt-rock and 1990s punk overlap. But here they blur those lines even further. "Cool Dad" is something like a Big Star tune. If covered by Squares but with Casper Van Brunt's David Lowery fronting the band. Speaking of CVA, the cult-punk band "The Men's Best Friend" could be an outside from Telephone Five's *Lovebirds* Victory.

"Smash The World" takes Rivers Cuomo's middle-aged teenage angst and packages it in early 1990s power pop. It is Rob Spraggold on the Corn "Stomach City" is a schizophrenic push with a "Sex Man Kick." The album closes on "Wilkes," which, amid a flurry of punchy riffs, suggests that the best way to combat demonic voices is with 'n big glass of wine." If that ain't grown-up, I don't know what is.

The Pilgrims play a release party for *Shred Savage* at the Milton Street Museum in White River Junction on Friday, December 4. *Shred Savage* is available at pilgrimsdotmusic.com.

DAAN KOLLER

## Holler General, *Shameless Light*

(SELF-RELEASED DIGITAL DOWNLOAD ONLY)

In recent years, local composer Michael Chorney has probably been best known to Vermont audiences for his long-to-much older sister's avant-garde, beautiful and strange. His work with Anna Mitchell, both on her early solo records and as the sonic architect behind her acclaimed full-length opera *Madwoman*, is the highest-profile example that his contributions to Maynard Smith's 2015 record, *The Way It Is*, were just as transformative.

Chorney is also an accomplished headliner, having helmed the great 1980s "retrocast" jazz band *Viper's Lounge* and a number of smaller local ensembles that have the shadowy margins of contemporary American music. By all accounts, Chorney is a natural musician, having aided in the artistic development of countless local players, singers and songwriters. It is fitting, then, that so many of his releases received the favor as his latest project with Holler General, *Shameless Light*.

Fronted by bassist Bob Morse, pedal steel player Brett Olson and drummer Geoff Carr, Holler General is essentially a



vehicle for Chorney's indie folk-oriented songwriting pursuits. But just as his avant-garde instrumental compositions exist on a third plane, Chorney's comparatively more conventional writings with Holler are similarly spaced and veiled. He displays the talents of Jack Dupont, Tim Toney, Jon Bonoli, Alec Segalman, Caleb Elder, Nathan Caldwell and Miriam Bernshtein with the skill and know-how of a master flautist.

Album opener "Solitude" unfolds gently with a serene guitar piece, one that ripples and glimmers like a tiny waterfall. In the a day before Carr's beautiful snare and cymbals lightly lace the surface, above which beeping voices converse with Chorney's plaintive melody.

The shy "Solitude in the Air" evokes some wacky, honey sweetness in Joe Henry, Van Dyke and Andrew Bird (the "Solid State," Chorney uses the buzz of tape bias as an instrument on guitar work and drums). That almost subconscious hum lends the tender love

song an air of nostalgia that transports and soothes.

"Luminous" is deceptively complex. A subtly dynamic rhythmic cadence charms beneath a disorienting whirl of crystalline pedal steel and guitar notes. That all contrasts with Chorney's plaintive vocal delivery, which carries his most direct lyrical turn.

"Fit" is a sweetening, night-music suite of features and chamber folk. Chorney's inexpressible intention as a musical composer are on display in the high, strong notes of Carr's fiddle and the bawling wails of Chorney's cello. The pastoral grace of "West, West, West" another instrumental, is given voice in Segalman's bass duet, which dances with promising trills and swelling guitars.

*Shameless Light* closes on "A Perfect Time for Theives," which is almost a microcosm of the entire record. In the span of nine minutes, Chorney guides Holler General through a shifting landscape of styles and sounds, from orchestral indie folk to mountain music to retro-prog jazz, melding together brilliantly and beautifully.

*Shameless Light* by Holler General is available at michaelchorney.com.

DAAN KOLLER

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FILED (1) CIRCUS ACT/AMERICAN (AMERICAN)

**Circus Act** Pick Up the Circus, the latest record from Boston's **AMERICAN**, is the most vivid reflection of the band's collaborative nature to date. Produced by Vermont's Anna Mitchell, the album captures the freewheeling spirit around which the band was formed during informal Sunday-night sessions at a tiny Cambridge bar eight years ago. It also reflects fine attention to detail and appreciation of songcraft. These tales of love and life, with all the beauty and madness of both, are equally tender and energetic. Catch **Season Americana** at Signal Kitchen in Burlington on Friday, December 6.

802 494.4444

**mad river valley/waterbury**

**THE GUILD** 8PM-11PM **802 450.0000** Tom Hays  
(opens) 8 p.m. - 10pm

**middlebury area**

**10 FRANK AT THE BRIDGE** 8pm-12pm  
free

**COFFINETS** 1st & Rock St. (dual requests) 9  
pm. free. Gig Lovers Garage Party with Top Hat  
(dual requests) (top-40) 9-12 p.m., free

**TWO BROTHERS TAPROOM & STAGE**  
Canaan & Lamoille (opens) 8 p.m. free. (dual) 1000  
N. Main, 8A

**northeast kingdom**

**THE GUILD** 8pm-11pm

**outside vermont**

**MICHIGAN DOWN TOWN** 8pm-11pm  
1000 N. Main St. 802 494.4444  
**PAIDON STREET CUPPERCROSS** 8pm-11pm  
Kane (dual) 7-10pm, free

**SAT.5**

**burlington**

**BLUES HEARTBEAT TAPROOM** 8pm-11pm  
1000 N. Main St.  
**CLUB INTERMEDIATE** 8pm-11pm  
1000 N. Main St.  
**FRANK'S & S. KANARIS** 8pm-11pm  
**THE GARDEN** 8pm-11pm  
1000 N. Main St.



**Oh, Brother** Earlier this year, NYC's PARQUET COURTS released a mostly instrumental, wildly experimental EP, *Musonic Living: Something of a record against the digital era*, the recording was a distinct departure from their earlier work and drew sharp criticism from reviewers — the backlash of whom, extremely publish-safety online. But the clatter and clank of unseasonal noise was meant as a jarring wake-up call, a rejection of techno-centric society that suggests there's more to life than scrolling through your phone. Like, for example, experiencing challenging, provocative art live and in the flesh. Be just that when Parquet Courts play the Highline Ground Showcase Lounge in South Burlington on Sunday, December 6, with *real*, and Burlington's JOEY PIZZA SUITS

SUN 6 / PARQUET COURTS (INDIE)

SAT 5/5/17

## SUN.6

### Burlington

**FRANKIE'S** 8 p.m. *Various*  
Happened Hour of Music (open  
contribution) 7 p.m. free

**SECRET 16** 7 p.m. *Various*  
with 8 p.m. *Big Bang* and *Johns*  
5:30 p.m. \$5

**THE OLIVE BRONCHER PAIN**  
Open Mic 7 p.m. free

**RADIO PINK** *Various* *Various*  
7 p.m. free *Various*  
Suburban & The Gladiators

**Old Time** *Various* 7 p.m. free  
Singer/Songwriters with *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**chittenden county**  
**RACEDRUM PUNK** *Various*  
Open Mic 8 p.m. free

**HIGHER SOURCE** *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free

**northeast kingdom**  
**THE 1600** *Various* 7 p.m. free

## MON.7

### Burlington

**FRANKIE'S** 8 p.m. *Various*  
Happened Hour of Music (open  
contribution) 7 p.m. free

**THE OLIVE BRONCHER PAIN**  
Open Mic 7 p.m. free

**RADIO PINK** *Various* *Various*  
7 p.m. free *Various*  
Suburban & The Gladiators

**Old Time** *Various* 7 p.m. free  
Singer/Songwriters with *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**chittenden county**  
**RACEDRUM PUNK** *Various*  
Open Mic 8 p.m. free

**HIGHER SOURCE** *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free

**northeast kingdom**  
**THE 1600** *Various* 7 p.m. free

## WED.8

### Burlington

**FRANKIE'S** 8 p.m. *Various*  
Happened Hour of Music (open  
contribution) 7 p.m. free

**THE OLIVE BRONCHER PAIN**  
Open Mic 7 p.m. free

**RADIO PINK** *Various* *Various*  
7 p.m. free *Various*  
Suburban & The Gladiators

**Old Time** *Various* 7 p.m. free  
Singer/Songwriters with *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**chittenden county**  
**RACEDRUM PUNK** *Various*  
Open Mic 8 p.m. free

**HIGHER SOURCE** *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**northeast kingdom**  
**THE 1600** *Various* 7 p.m. free

## WED.9

### Burlington

**FRANKIE'S** 8 p.m. *Various*  
Happened Hour of Music (open  
contribution) 7 p.m. free

**THE OLIVE BRONCHER PAIN**  
Open Mic 7 p.m. free

**RADIO PINK** *Various* *Various*  
7 p.m. free *Various*  
Suburban & The Gladiators

**Old Time** *Various* 7 p.m. free  
Singer/Songwriters with *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**chittenden county**  
**RACEDRUM PUNK** *Various*  
Open Mic 8 p.m. free

**HIGHER SOURCE** *Various*  
7 p.m. free

**THE SKINNY PANCAKE**  
(BURLINGTON) *Various*  
7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free

**barre/mountpelier**  
**SWIFT** *Various* 7 p.m. free

**northeast kingdom**  
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**SWIFT** *Various* 7 p.m. free

**stone/sunapee area**  
**NEEDS PLACE** *Various* 7 p.m. free



# A Closer View

Art review: Gabriel Tempesta, West Branch Gallery & Sculpture Park

BY PAMELA POLSTON

**W**hen stark seasons, also November, arrives in Vermont, some people get depressed. But Woodstock artist Gabriel Tempesta seems to relish nature at its most somber. In his current exhibit, "Our World, Chiseled & Carved,"

## REVIEW

at Stowe's West Branch Gallery & Sculpture Park, the 11 works are executed in black and shades of gray on paper or board. A couple of sepia-toned pieces, and another with a small patch of blue work as midnight blue, are the only departures here. Most of these paintings are studies of trees, but a rocky shoreline, a bly pond and several cottages appear, as well. Presumably, the works are both stark and humorously detailed.

Tempesta notes his choice of materials in the very title of the show — though he could also have listed watercolor; it's used in more than half of the paintings. Like it, enamel paint is a fast-drying, water-soluble medium, derived from milk protein (as made by the Massachusetts-based Old Fashioned Milk Paint Co., Tempesta notes). Given that two of his mediums are nifty and the third can turn to dust, the precision of his artwork is utterly stunning. In fact, from a short distance they could be — and have been — mistaken for photographs.

Tempesta does take pictures of his chosen subject matter and works from the photographic images in the studio, he acknowledges. Still, photo-realism does not seem to be the goal in these paintings. A close observation of them undeniably rewards the work of the artist's hand.

Tempesta got his formal training at Massachusetts College of Art, but he credits his "formative years in the Vermont landscape" with influencing his painting. "I am moved by the visual poetry in the trees and fields that surround me and look to capture and celebrate that with my artwork," he writes in an email to *SevenDays*.

Rather than offering wide views, his take on landscape gives special intimacy to the idea of getting "close" to nature. Tempesta looks at the trees



BY GUY LAWRENCE FOR SEVEN DAYS

rather than the forest, as it were. In fact, not even whole trees, many of his paintings focus on bark. Only a microscope could offer a more intimate view.

In the cushion-on-board piece "Old Birch as Kinsore Mountain," Tempesta's perspective is reverential and the opposite of vertiginous. This point of view is from the ground looking up

at the ancient tree, its bark rough and minutely delineated. All of the branches are bare, and some of them have been broken. This birch has been through a lot. Overhead, the sky is overcast; a featureless pale gray. Just 32 inches square, the painting can make a viewer feel small.

The 20 by 18-inch "Nehalem Valley Stowe Afternoon II," using charcoal

and watercolor on board, seems in on a higher point of another tree. The picture plane is condensed, the POV that of a bird or a squirrel. The sky is stormy, yet the sun peeks through enough to illuminate every tiny twig. Collectively, they take on the appearance of a neural network, fluorescent white against dramatically dark heavens. The contrast is riveting.





NEW THIS WEEK &amp; HOT

## FOUNDAry/ryogaltes

► **SOUL FRESH GROWTH** Grow a share of healthy, resilient roots across a community landscape. Join our artist-led community garden. **Location:** Sunday, December 13, 2-4 p.m. October 18, February 13, July 20, 2018. **Drop-In:** Southside Library & Southside Aquatics.

## ART EVENTS

► **SOUL FRESH GROWTH** A morning art, urban agriculture & yoga group for the local creative community hosted by the Southside Arts & Business Association. **Southside Arts & Business Association:** Through December 24, July 2018-2020.

► **THE ART OF PARADOX** A go-karting weekend inspired by concepts of the 2015 Vermont Woods Book, *Paradox and the Sea of Fantasy*. For 16+ grade and up. **Event:** Southside Library & Southside Aquatics. **December 1, 3, 2018, 10-12 p.m.** Info: 855-4550.

► **PRINTING SOCIAL** A local artist provides a step-by-step introduction to the printing of the night while socializing. **Drop-In:** Southside Library & Southside Aquatics. **December 1, 3, 2018, 5-7 p.m.** Info: 855-4550.

► **ARTIST TALK: MARY LACY** Vermont artist Mary Lacy discusses her past work, including animals at the Museum of Modern Art, and her current work at the Vermont State Museum. **Location:** 2 W. Wood Gallery. **December 1, 3, 2018, 5-7 p.m.** Info: 855-4550.

► **CHILD ART HOLIDAY SHOW AND SALE** With over 100 artists, all under \$100, meet 125 to 150 at the Christ Church Methodist. **Friday, December 4, 4-7 p.m.** Info: 223-6628.

► **SEVENTH OPEN STUDIO & HOLIDAY SALE** The 7th Annual Open Studio & Holiday Sale. For 16+ grade and up. **Location:** 2 W. Wood Gallery. **December 1, 3, 2018, 5-7 p.m.** Info: 855-4550.

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## Mareva Millaro

Painter Mareva Millaro's abstractions are filled with curves, expressive color palettes and layers of shapes in a range of scales. For her current exhibit at the BCA Center's Vermont Metro Gallery, Millaro cites as influences Richard Diebenkorn and Arshile Gorky, two prominent artists associated with the abstract-expressionist movement. She also cites her own father, painter William Millaro. In her artist's statement, Millaro creates her work in the space between "the redemptive of abstract" and "the slight touch of possibility" and says her task is "to capture the infinite." The architecture suggested in some of Millaro's paintings is like that of the Rio de Janeiro slums, or favelas, which is perpetually in flux but takes distinct shape organically over time. It also contains a tremendous amount of life in a very small space. *Through January 16, "Painted: The Other Side of the Moon."*

► **ART ABOUT THE LAKE** Think by water! Artists can view in a group of 100 artists of Northern Lake Champlain. **Location:** 100 W. Main St. **Friday, December 1, 3, 2018, 5-7 p.m.** Info: 527-1243.

► **JOHN KIDWELL ART SALE** The artist offers his original artwork and original artwork. **Location:** 100 W. Main St. **Friday, December 1, 3, 2018, 5-7 p.m.** Info: 527-1243.

► **OPEN STUDIO: JIMMY FREEDMAN** Jimmy's work is a collection of 100 artists of Northern Lake Champlain. **Location:** 100 W. Main St. **Friday, December 1, 3, 2018, 5-7 p.m.** Info: 527-1243.

► **SWEET TIPS AND HOLIDAY MARKET** Sweet Tips and Holiday Market. **Location:** 100 W. Main St. **Friday, December 1, 3, 2018, 5-7 p.m.** Info: 527-1243.

► **ART ABOUT THE LAKE** Think by water! Artists can view in a group of 100 artists of Northern Lake Champlain. **Location:** 100 W. Main St. **Friday, December 1, 3, 2018, 5-7 p.m.** Info: 527-1243.

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## ONGOING SHOWS

## Burlington

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## ART SHOWS

**MAKES TOWNSHIP THE MOST INFLUENTIAL 20TH**

**CONJECTURE: DEANMAN AND JEREMIAH ART?** Poems, drawings and illustrations by David Deanman, Esq. and Jeremiah Brown, Esq., will be on display at the Museum of Contemporary Art, 1000 North Main Street, through January 10. Info: 333-3333. Museum of Contemporary Art

**PORTRAIT OF A FORCE: MEN AND MACHINES**

Contemporary images from the 1970s and 1980s by photographer George Smith will be on display at the Museum of Contemporary Art, 1000 North Main Street, through January 10. Info: 333-3333. Museum of Contemporary Art

**eastland area**

**THE ART OF BEING IN THE FUTURE OF ART** Art enthusiasts can step into a virtual art of the future at the art of being in the future of art, 1000 North Main Street, through January 10. Info: 333-3333. Museum of Contemporary Art

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**champlain islands/northeast**

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**southern valley**

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**buffalo area**

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**northeast kingdom**

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**randolph/voyagers**

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**manchester/bennington**

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**manchester/bennington**

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**outside vermont**

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## CHANNEL 3 NEWS

Saturday @ 6AM  
Sunday @ 8AM



**WINTER'S WARM MUSIC**

*A Celebration of Yuletide*

**SUNDAY, DECEMBER 6  
AT 2:00PM**

**UNIVERSITY CONCERT CHOIR  
AND OUTPOST SINGERS**

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**now on 30!**

**seven days on 30!**





PRESENTS

# SPECTACULAR SPECTACULAR

**A Talent Show for Vermont's Rising Stars**

Kids ages 5-13 wow the crowd with two-minute acts showcasing their talents. Visit [kidsvt.com/talentshow](http://kidsvt.com/talentshow) for ticket information.

**Saturday, December 12  
at 12 p.m.**

Higher Ground Ballroom. Kids 6 & under free,  
\$7 in advance, \$10 at the door.



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Green Mountain Training Center

  
**Champlain  
ORTHODONTICS**

# movies

## Trumbo ★★★

**T**he chief internal enemies of any state are those public of levels who betray the trust imposed upon them by the people. The novelist and screenwriter Dalton Trumbo put millions of words to paper as his highly public defense, but perhaps none came closer to encapsulating his worldview than those. Certainly none in Ray Roache's well-intentioned but ill-conceived biopic.

"Trumbo" is a stretch. What Roache and screenwriter John McNamara recalled might have been described as a *Jack Ruby* or *Chaplin* of Trumbo's life during the roughly 30-year period when he was considered an enemy of the state. Life was, of course, one of the "wildly varied" 100 lifetimes of 1940 by postapocalyptic Bkida Hopper.

Seriously, the filmmakers have given history a rewrite. Played to us as an anti-establishment hero of Lee Smith and a subversive by Helen Mirren, the Trumbos were instead in reality men who were once used to comic crusades from within the House of Representatives. Contrary to obvious fact, this is a reworking of the record that not merely inaccurate but nonsensical.

Beyond Coonton continues his effort to leverage the success of "Invictus" into a career on the big screen, a mission that has yielded mixed results. For every bit such as *Argo* (2012), the score has mixed with a modicum (2014) Trumbo's status has first run in a leading role in a film.

While Coonton brings style and he is to the part, his character rarely achieves three-dimensionality. I wish he'd have better served by his writer and director McNamara and Roache were hardly obvious choices to introduce a new generation to the historical figure the publically controversial winner of a National Book Award and multiple Oscars. The former has never written a film before Roache found his skills as the most the runner-up franchise. It's not the Michael Bay making a legitimacy with his debut *Dark Knight*.

The film focuses on the period following Trumbo's refusal to testify before HUAC. His screenplays were not only banned, but he was also imprisoned in his home, kept in himself and his blacklisting was from the postwar by withholding scripts under pseudonyms for *Warner* against the



PIN NAIL: Following his release from prison, he was allowed to tell his captors, one of which earned Oscars that he could not accept.

King Brothers. Luckily John Goodman plays Frank Capra. He occasionally able to inject a little life and levity into what is otherwise an overcast sequence of speeches and underground meetings.

How such is then solved, sometimes more? It actually manages to make Louis CK look dull. The comic showstopper as a writer who had a huge removal. His sense of humor would appear to have been extracted as well. It's not quite the full-blown of the promise he showed in 2003's *American* *My*.

Did I mention that the real Trumbo moved his family to Mexico after he got out of jail? And that Diane Lane is quipped in the role of his wife. Glee? Tony the character Jane Claver in this thousand role would be to overstate its depth and scene. This is the

sort of spirit that explains its subject's politics to the audience by having him explain them to his young daughter — a device that doesn't always work, to put it mildly.

The picture succeeds in reminding us of a shameful chapter in American history but fails to do so with any degree of candor. Virtually all of the principals come off as caricatures, the acting is regrettably broad and Roache's lack of experience with drama is apparent in the film's tone, which is all over the place.

The bottom line: The men who gave us *Roman Holiday*, *Apocalypse*, *The Irony One*, *Johnny Got His Gun*, *Knute*, *Patience* and dozens of other well-remembered films deserve considerably better cinematic treatment than he receives here.

RIK KIDMAN

## Brooklyn ★★★★

**T**he trailer for *Brooklyn* leads us to expect a sentimental rite through a golden vision of midcentury New York, land with its people home and heavenly familiar ethnic stereotypes — the sweet Irish lass, the earthy Italian laborer. While the adaptation of Colm Toibin's 2009 novel is, indeed, the kind of film that justifies the use of adjectives such as "sweet," it has more grit than its marketing suggests.

To start with, the historical context hardly that permeates the narrative: the film makes no mention of a recent Irish civil war, the conflict that caused so many to flee Ireland, or the fact that the Irish in America were often treated as second-class citizens. In fact, the film is a story of a young immigrant woman who is her homeland. Working from a script by novelist Nick Hornby, director John Crowley (documentary, *Boy A*) has made a movie you can tell is a love story — and one that might inspire Gwyneth Paltrow to shed the dark prosthetics and tough features of her youth.

While *Brooklyn* does evoke wistful notions of the old country, the world she is in habits is Ireland, specific and not always kind. A shy young woman who is largely supported by her working mother (Frances O'Connor) in a small town, Eilis goes to America for two reasons: economic opportunity. She finds it as a Brooklyn department store, but then still painfully homesick, and her glamorous host (Gemma Jones) insurance that she be sparkling and sociable and then help. Only the



ALL ABOUT: Ronan's decision to leave her home for Ireland is a central theme in Crowley's immigrant story.

low-key courtship of Tony (Dom Monaghan), a young plumber who makes Eilis feel special without romanticizing her, puts her out of her foot.

Crowley offers beautifully composed shots that keep our focus on his lead's sensitive face. While Ronan is best known for playing prickly, headstrong young girls such as *Frances Ha*, *Ammonite*, she also the overt emotions here without losing our interest. Eilis is quiet but not passive, each small step simple or embarrassing registering on her

face by the end, it's impossible for us not to root for her.

All the performances have a similar level in feeling. Even characters who come off as unlikable in the trailer, such as Tony's loud mother, prove to be more than that. Ronan is to be more successful in the film. Ronan's effort is a beautiful production as the great who sponsored Irish immigrants, and even the same New York encounters, who made and broken into a group, gradually develop their own personalities, too.

## REVIEWS

*Brooklyn* is essentially a study in what home means and what it takes to detach us from one place and attach us to another. To that end, a third act twist brings Eilis back to Ireland, where she must make a wrenching decision about where her heart lies. The dilemma is the stuff of thousands of stories, most of them overwrought and sentimental. But the greatest tribute one can pay to *Brooklyn* is that it doesn't make the heroine's choice obvious or the ending predictable. Instead, the screenplay takes that, with a few small changes in circumstance, that this might have changed too.

There is a line that doesn't stick the stick or take sides. Crowley's camera captures both the ironic happiness of grief and the trial, made quite a success of writing scenes scattered on a grass. He finds beauty in the teenage moments of Tony and Eilis and in the lonely, unrequited love of Eilis and Tony. Eilis, who Eilis shows off her new American one place to her Irish friends. If *Brooklyn* is a sentimental paean for some reason, that's not because it takes them long for a simpler one, but because it reminds them that there are still some things simple about the struggle to find one's true home in a world as large and cold as the ocean.

HANCOCK HARRISON



## A man in a black turtleneck and sunglasses is shown from the waist up, holding a handgun. He is standing in a snowy mountain landscape with snow-covered trees and a clear sky in the background. The image is a still from a video, with a small '00:00' timestamp visible in the bottom left corner.

**EXHIBIT** "Ties of sunshine" Santa showed moved Alaska city up "talk" banding? The you may be the target audience of this new comedy in which he accidentally summons the sitcom chosen for his home. With Helen Hunt, Tim Allen, and David Duchovny, Michael Douglas ("Ties of Sunshine") is back. (Hulu, PG-13) **Score:** 10/10. (Hulu)

**THE LETTERS:** Specimen letters of letters written by Matthew Tinsley (Austin, Texas) on a topic especially timely, for students and the case for the civil service. With Judge House and Max von Sydow. Nelson Rockefeller and Director (14-15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 83

**BRIDGE OF SPINES** [www.bridgesofspines.com](http://www.bridgesofspines.com) In a dramatic American jumper [Tom Hanks] Frenchman [playing a key role in a prisoner exchange] between the CIA and KGB in the 1940s War driven story told by Steven Spielberg, endocrinologist [Richard and Joel Cook With Mark Wahlberg and Steve Zahn] 12/25/00, 100, 100

[illegible]

**BREXIT BARK** The Rocky Horror Show gets a new twist as they're this evening dressed as witchy, naughty Rocky Ballows (Hywelod Dafydd) (terrific) son of the new, lame and evil Apollo Creed (Michael E. Jackson), Myra Cough (Wynne Evans) (delectable) (DVD only, £14.99).

**THE GOOD GENE** **★★★★★** The latest family invention from their designer is a state-of-the-art where phobias run wild into the pit of people — and one eager, shy actor causes making a young human eternal. W. White issues of Jeffrey Wright, Thomas Haden Church and Marcus Graham. Liza Taylor. (2000 mins, DVD)

THE HUNTER GAME: HICKINGLAW -- PART

**Disclaimer:** The developers accept no liability as to the accuracy or completeness of the information contained herein. The information is provided "as is" without warranty of any kind, either expressed or implied, including, but not limited to, the implied warranties of merchantability and fitness for a particular purpose. No liability shall be assumed by the developers for damages, losses, or expenses, whether incurred directly or indirectly, arising from the use of the information.

★ = refund price  
★★ = couldn't be any worse, but not wild  
★★★ = has its moments, so-so  
★★★★ = smarter than the average bear  
★★★★★ = superior to rest

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**LOVE THE COOPERBIRDS** In a refreshingly holiday comedy that also recalls a more frosty past, four birds (and one cat) hatch out their lessons on Christmas Eve. With Silver White, Amanda Seyfried, Martin Donovon II and Kaitlin, Justin Nelson (3 A.M. team) directed. (TV-14, 80 min.)

[illegible]

**THE REALITY OF THE REALITY SHOW** Selling cross-country as appendages to a popular Christmas past is what the *King of the Hill* is a patchwork of these Christmas friends (Seth Rogen, Joseph Gordon-Levitt and Anthony Mackie) on a wild search for an epic of the party. **WILLIE SOX** (Cade) **ROCK** (Rogen)

**THE PEANUTE MOVIE** **★★★½** Charles H. Schulz's beloved comic strip characters have been updated with computer animation and Top-Gun poppy Glen Matlock (the director of *Fun Size*, *Deadwood*)

**NOODLES** ~~and~~ **MUSIC** Like Lanes and Lanes Tuesday are generating Decadence for their respective sides as a mother and son who have now both reached

in a garden shed for the world's only life sculpture.  
By Simon Ståhlqvist. Lund: BOKFÖRLAGET 2002. 200 pp.  
ISBN 91-7018-100-0. Lurva. 140 kronor (p/b). Directed  
by Jan Olof.

**SECRET BY THE JEFFERSON** Julia Roberts, 41, and Keanu Reeves, 37, are set to star in a new film, *The Matrix*, which is a sci-fi action movie. The film is set to be released in 2003. The film is set to be released in 2003. The film is set to be released in 2003.

**SPECTRE** ★★★★★ Daniel Craig returns as James Bond once on the list on the on-screen representation of the title, which has now moved from his past. (Johnnie Walker, 2015) ★★★★★

**SPOTLIGHT\*\*\*\*\*** *Madison* Exuberant Hank Buffalo  
Social Media and Shiny Cursive script

For all stations of the topography almost about the London Clusters, Polluter Priority: naming investigation under the Carthage rose above standards associated with early stages. The 1992/1993 [the water] showed a and consider [100 m/s] & [100 m/s] 0.002.

**ENTERTAINMENT WEEKLY** Corey Monteil plays a workaholic CEO who finds himself becoming involved in the fight for gay Equal Employment Opportunity in this feel-good drama directed by Sarah Gavron (*Brooklyn*). With Anna-Maria Siff, Helena Bonham Carter, and Meryl Streep. (R, 101 min, PG-13)

Submitted: 12/10/2010; Accepted: 05/11/2011

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**Abstract**

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The Hunger Games: Mockingjay—Part 2

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**Mockingjay 2—Thursday 10**

Schedule not available at press time

## BLVD CINEXPLEX 4

Box 100 Westside 303.733.1000  
[blvd.com](http://blvd.com)

**Mockingjay 2—Thursday 10**

Closed  
The Good Doctor  
The Hunger Games  
Mockingjay—Part 2  
The Night Before  
The Night Before  
(Sat & Sun only)

## CAPITOL SHOWPLACE

Westside 303.733.6544  
[capitolcinemas.com](http://capitolcinemas.com)

**Mockingjay 2—Thursday 10**

Closed  
The Hunger Games

Mockingjay—Part 2  
The Night Before  
The Night Before (Sat & Sun)  
Spectre  
Voice Performance

**Friday 4—Thursday 10**

Closed  
The Hunger Games  
Mockingjay—Part 2  
The Hunger Games (Sat & Sun)  
Spectre  
Voice Performance  
(Fri & Sat only)

## ESSEX CINEMAS & T-REX THEATER

37 Evans St. 303.733.6544  
[essexcinemas.com](http://essexcinemas.com)

**Mockingjay 2—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
Love the Coopers  
The Night Before  
The Night Before

Green in the Eyes  
Spectre  
Voice Performance  
**Friday 4—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance

## MAJESTIC 10

3000 West 1st Ave. Suite 100  
303.733.6544  
[majestic10.com](http://majestic10.com)

**Mockingjay 2—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
Love the Coopers  
The Night Before

The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance

**Friday 4—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
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201 College St., Burlington 303.333.3333  
[merrillsroxy.com](http://merrillsroxy.com)

**Mockingjay 2—Thursday 10**

Closed  
The Hunger Games  
Mockingjay—Part 2  
Spectre  
Spectre  
Spectre  
Spectre  
Spectre

**Friday 4—Thursday 10**

Closed  
The Hunger Games  
Mockingjay—Part 2  
The Night Before  
Spectre  
Spectre  
Spectre  
Spectre

## PALACE 9 CINEMAS

1000 E. 1st Ave. Suite 100, Bldg. 10  
303.733.6100

**Mockingjay 2—Thursday 10**

Bridge 1000 E. 1st Ave.  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance

**Friday 4—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance

## MAJESTIC 10

3000 West 1st Ave. Suite 100  
303.733.6544  
[majestic10.com](http://majestic10.com)

**Mockingjay 2—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
Love the Coopers  
The Night Before

"National Theatre Live"  
"The Night Before"  
"The Night Before"  
"The Night Before"  
"The Night Before"  
"The Night Before"

## PARAMOUNT TWIN CINEMA

200 E. 1st Ave. Suite 100, Bldg. 10  
303.733.6100

**Mockingjay 2—Thursday 10**

The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2

## THE SAVON THEATRE

200 E. 1st Ave. Suite 100, Bldg. 10  
303.733.6100

**Mockingjay 2—Thursday 10**

Closed  
The Hunger Games  
Mockingjay—Part 2  
Spectre  
Spectre  
Spectre  
Spectre  
Spectre

## STONE CINEMA 3 PLEX

1000 E. 1st Ave. Suite 100, Bldg. 10  
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**Mockingjay 2—Thursday 10**

The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
Spectre  
Spectre  
Spectre  
Spectre  
Spectre

**Friday 4—Thursday 10**

Schedule not available at press time  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance

## SUNSET DRIVE-IN

1000 E. 1st Ave. Suite 100, Bldg. 10  
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Closed for the season

## WILBEN THEATRE

1000 E. 1st Ave. Suite 100, Bldg. 10  
303.733.6100

**Mockingjay 2—Thursday 10**

Closed  
The Good Doctor (Sat & Sun)  
The Hunger Games  
Mockingjay—Part 2  
"Humpies"  
Love the Coopers  
The Night Before  
The Night Before  
Secret in Their Eyes  
Spectre  
Voice Performance



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MOVIEPLAYING IN PINK

**TOUGH-GIRL** (R) Eyal Golan plays Gailan Shalita, the Hispanic immigrant who became a prominent actor of kidnapping in the McCarthy era. Nicki Katt and Irene Jacob. Director: Jay Roach. Screenplay by comedies like *Mean Girls*. Rated R for drug abuse, sexual content, and some language. (PG-13)

**WILSON** (PG-13) Peter Wilson is a small-town doctor who is forced to take on a case that is far from what he expects. Director: Peter Wilson. (PG-13)

NOW ON VIDEO

**50 HOURS IN A MANSION** (R) A comedy about a group of friends who are stuck in a mansion for 50 hours. Director: John Dahl. (R)

**AMERICAN** (PG-13) A comedy about a group of friends who are stuck in a mansion for 50 hours. Director: John Dahl. (PG-13)

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More movies!

Film series, events and festivals of various sorts from classics can be found in the calendar section.

OFFBEAT FLICK OF THE WEEK

BY MARCOT WARREN

Goodnight Moomy

Now on video this is a story about a mother, her young sons and some very creepy plastic surgery. It's a very weird film. (PG-13)



Check out the week. It's a collection of films, books and other things that are not on the main page. (PG-13)

WHAT I'M WATCHING

BY STEPHEN DE SOTO

This week I'm watching  
The Seventh Victim

Though it's not a horror film, *The Seventh Victim* is a film about a woman who is possessed by a demon. It's a very weird film. (PG-13)



One of the best of the horror films. It's a very weird film. (PG-13)

With a feature, published every Sunday on the website. It's a very weird film. (PG-13)

READ THESE EACH WEEK ON THE LIVE CULTURE BLOG AT  
[sevendaysvt.com/liveculture](http://sevendaysvt.com/liveculture).

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FRAN KRAUSE

# DEEP DARK FEARS



WE EACH TRIED TO DRAW SOMETHING REALLY SCARY.



I MADE A LADY THAT GAVE US BOTH NIGHTMARES.



I FELT LIKE I'D MADE SOMETHING EVIL, SO WE BURNED THE DRAWING.



I KNEW SHE COULDN'T COME BACK WITHOUT A DRAWING SOMEWHERE.

Have a deep, dark fear of your own? Submit it to cartoonist Fran Krause at [deep-dark-fears.tumblr.com](http://deep-dark-fears.tumblr.com), and you may see your neurons illustrated in these pages.

KAZ



## RED MEAT

by DICK CANNON

From the author, *King of Max Cannon*

Recently, there isn't a word of the... (text is small and blurry)



## THIS MODERN WORLD

by TOM TOMORROW





## Sagittarius (NOV 23 DEC 21)

Let's explain: we are drawn to do more when we don't want to, knowing just if we have the courage to face it! Baddest teacher Mrs. Christen said that, and now I'm telling you. According to my divinations, a new frontier is calling to you. An unprecedented journey lies ahead. The urge to leave your familiar circle is increasingly compelling. I don't know if you should surrender to this brewing locomotion. I don't know if you will be able to gather the resources you would require to carry out your quest. What do you think? Will you be able to summon the necessary resolve? Maybe the better question is this: Do you want to use all your subtle ingenuity to summon the necessary resolve?

transformation begins to come from. Here are some of the possibilities. 1. If you are brave enough to change your mind and shed some poison, you could achieve an unspoken dream from within. 2. By sharing up a bit more, perhaps then you usually lose at your disposal, you might be able to receive, and even receive a tangible promise. 3. Through an act of grace, its possible you will overcome an ideal that was brought or abandoned

**GEMINI** (May 21-June 21) To the other 7 signs at the outset, the May at the Gemini sometimes seems like with paradox and contradiction. Many Gemini would feel perhaps if they had to live in the midst of so much paradox. But when you are at your best, you thrive in the web of duality. In fact your willingness to stake there is often what generates your special magic. Your breakthroughs are made possible by your high tolerance for uncertainty. How many times have I seen a Gemini who has been lost in thought but then suddenly figures out a point of cracking insights? This is the kind of subtle insight I expect to happen again.

**CANCER** (June 21-July 22) In September of 1912 a band of Jacobite rebels gathered for a grand attack on Edinburgh Castle in Scotland. Their plan was to take the castle with rope ladders, using by a hostile agent who was disguised as a castle servant. But the scheme failed before it began. The rope ladders turned out to be too short to serve their intended purpose. The rebels retreated in dismay. Please note: you may not like them as the running rebels. Consider if you want to engage in a stressful action in revolutionary experiment or a bold scheme, be virtuous in your preparations. Don't swing on your grips, accommodations and resources.

**LEO** (July 23-Aug 23) If you give children the option of choosing between food that's healthy and food that's not, a warning will choose the crunchy stuff. It's more exciting to their mouths, a more lively feeling for the 7 teeth and tanglers to play with. This has nothing to do with nutritional value of course. Tummy aches will give a little wet being

better than strong potato chips. Let's apply this lesson to the way you find your inner child in the coming weeks. Midlife energy is important. I suggest you serve that precious part of you the food of summer foods, health, energy and healthy to their needs. Make sure that what's wholesome is also fun and vice versa.

**VIRGO** (Aug 23-Sept. 22) Your innermost is a fierce and wild little thing. It's called the fire that burns out. According to legend it belongs to some person imprisoned but only to eat! The earth in which it's planted and the land around it are also its sole companion. With this icon as your inspiration, I invite you to embrace and celebrate your inner fire during the next seven months. Let's not worry. We'll make you to take yourself more than enough! How can you boost your autonomy and become more than ever before the best at your job, prove true to expedite this effort.

**LIBRA** (Sept. 23-Oct. 23) Parker in San Antonio conducted an experiment in a 13-mile span of theory. Drivers in three scenarios can avoid doing as fast as they could while remaining in the same lane. The driver at the fourth car not only moved at top speed, but also changed lanes and jerked for position. Can you guess the result? The car that stayed in and out of the traffic flow arrived just slightly ahead of the other three. Apply this lesson to your activities in the coming week, please. There will be virtually no advantage to including a frantic effort, confusion, constant the steady and smooth and straightforward.

**SCORPIO** (Oct 23-Nov 22) You will point at lucky anomalies and helpful failures if you are thoughtful. Don't be fearful and you stronger rather than fearful. On the other hand, you'll often up someone's weakness and help failures if you maintain all over the place. Look forward to all your failures and act as if you have all the land in the world to create and conquer. Scorpio, avoid losing and overthinking. Associate with bubbly acquaintances who make you laugh and loosen your own grip. It's a terrible time to polish. Let's let a bit of perfection relate with a light touch.

**CAPRICORN** (Dec. 20-Jan. 18) Once I witnessed a windstorm to appear that one 100-year-old trees were uprooted in the space! Many people were in their beds, restless, afraid and noisy. The next day walking among the wreckage, I found the broken roots of trees completely inside and underneath in the ground. I think that a paradox you'd be able to keep in mind. Capricorn in the coming weeks, which most obscure and vulnerable about you will move more staying power than words, however you find. Trust your grace and goodness more than your fearfulness and fearfulness. They will make you as smart as you need to be.

**AQUARIUS** (Jan. 20-Feb. 18) Katerina Montecarlo it quenched her daily thirst with one specific beverage. He rarely thinks any thing else. It was possible some became mixed with that peculiar, water, acids and ammonia. Spiced chocolate? You don't call it that. The feeling became often turned to him in golden bubbles, each of which he used as a small funnel from his happy history into the time before. He reported this clear in an aphorism: and there is a quest in five flames before he turned off to his home. I bring this up, Aquarius, because the coming weeks will be one of those magical times when you have a poetic sense to be almost Montecarlo-like. What's your personal equivalent of his personal chocolate? Please, please us to reveal?

**PISCES** (Feb. 19-March 20) "Unfortunately I'm pretty lucky, my three lives used to be recently he noted that his scientific good fortune constantly threatened to undermine his smidgen. How can he be motivated to try harder and grow smarter and get stronger if it's always showing facts with disavowal? He asked whether he really said more so that he would have more urged to push against. I hope you will be under the spell of that thought before the coming weeks. Pisces, this is a phase of your cycle where you likely to be the beneficiary of an extra strong flow of help and serendipity. Please use this affirmation as often as necessary. Fortunately I'm pretty lucky."

CHECK OUT ROB BIRZMAN'S EXPANDED WEEKLY ALSO HIGHLIGHTS SCORPIO & GEMINI TEXT MESSAGE HODSCOPES: REALASTROLOGY.COM OR 1-877-872-8888

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**SPEZIES WITH BLISS FROM THUNDER**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**CONGRATS FOR IT YOUR**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**AMERICAN FLAVORED WITH BLISS**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**REBEKAH AT LAMARCA**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**MONTEPERE WITH STREET RAIN & GIGGLY**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**DIY TALKING & A LIP BOMB**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**BACK TO BLACK WITH THUNDER**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**THUNDERING WITH THE GIGGLE**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**THUNDERING WITH THE GIGGLE**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**CEO/PM**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**REBEKAH AT THUNDER**  
You're getting some great music from Thunder.  
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**SAYNOT TO YOUR IT YOUR**  
You're getting some great music from Thunder.  
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**IS THAT A THUNDER**  
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**WIKICAT: THE GIGGLE**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**SILVER FOR IT YOUR**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**GO-IT-HER**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

**HAPPY THUNDER**  
You're getting some great music from Thunder.  
You're getting some great music from Thunder.

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**GOODY LAMET: THE GIGGLE**  
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**GOODY LAMET: THE GIGGLE**  
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**SAMIRIA: THE GIGGLE**  
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2**

8:00 PM

**Brandi  
CARLILE**  
WINTER ACOUSTIC TOUR

**Dec  
20**

2:00 PM

**The  
Nutcracker**  
ALBANY  
BERKSHIRE  
BALLET

**Jan  
18**

7:00 PM

**SATURDAY  
NIGHT  
Fever**

**Jan  
22**

8:00 PM

**Bob  
MARLEY**  
The Comedian

**Jan  
26**

7:00 PM

**KO  
17 SAMURAI**

**Jan  
29**

8:00 PM

**Na'vis  
STAPLES**



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